

**budget printing**  
(1979) LTD.  
www.bprint.com

**MAGNETS**  
From \$175  
QUANTITY OF 500

15616 - 116 Ave, Edmonton  
780.451.4546 • www.bprint.com

**HAPPY SINGLES**  
CANADIANS MILOS RAONIC  
AND ALEKSANDRA WOZNIAK  
WIN THEIR OPENING  
OLYMPIC MATCHES PAGE 27



**McCrae Estates • Griesbach**

Located in the Village at Griesbach, McCrae Estates offers you luxury, convenience & some Canadian Heritage, making it the easy choice for any Active Adult. For more information, visit our show suite today!

780.406.7530 • 4450 McCrae Ave  
Mon - Thurs 1-6pm • Weekends 1-5pm

CDLhomes.com



**EDMONTON**

**metro** 

Tuesday, July 31, 2012

 News worth sharing.

metronews.ca | twitter.com/metroedmonton | facebook.com/metroedmonton

# BLACK FRIDAY

**25 YEARS LATER**



The Pillar of Love stands at the north end of the largest lake in Edmonton's Hermitage Park. It symbolizes the battles and trials of mankind during and after the deadly tornado that struck the city on July 31, 1987. The sculpture by Barbara Eichner-Shaw was dedicated on July 29, 1990. For more on the 25th anniversary of Black Friday, see pages 4 and 5. HEATHER MCINTYRE/METRO

## Watch where you're going!

Reports of injuries to distracted walkers — including those on their cellphones — have more than quadrupled over the past seven years PAGE 6

## Colo. suspect charged

The accused in the July 20 theatre shooting rampage faces 24 counts of murder and 116 counts of attempted murder PAGE 6

## Small soybean packs punch

Toss edamame chock full of protein with corn for a summer salad PAGE 22

## The shaping of the Strip

Top-rated U.S. network CBS sticks to its winning format with just four new television series premiering this fall, including Vegas PAGE 10



**kingLASIK**  kinglasik.ca 780.421.7007

**\$0 DOWN 0% FINANCING** Financing Available O.A.C.

10060 Jasper Ave, Suite 303, Edmonton

Over 15 years experience. — **JOSEPH W. KING, MD**



# Looking for a reason to switch to Optik TV™?



## Look no further.



Bundle Optik™ TV and Internet together on a 3 year term and get a FREE Samsung® Galaxy tablet.\*

Call **310-MYTV (6988)**, go to **telus.com/optik** or visit an **authorized dealer**.

 **TELUS**  
the future is friendly®

#### TELUS AUTHORIZED DEALERS

##### Downtown

9915 108A Ave. NW  
11315 104th Ave.

##### Malls

Bonnie Doon Shopping Centre  
City Centre Mall  
Kingsway Garden Mall  
Londonderry Mall  
Mill Woods Town Centre  
Northgate Mall  
South Edmonton Common  
Southgate Centre  
TELUS Plaza North  
West Edmonton Mall

##### West End

14903 118th Ave. NW  
14220 Yellowhead Trail  
10429 178th St.  
17508 Stony Plain Rd.

##### North

9624 165th Ave.  
12714 137th Ave.

##### South

10309 34th Ave.  
5912 104th St.  
5926 99th St.  
8708 51st Ave.  
4515 Gateway Blvd.

##### Leduc

5906 50th St.  
5311 Discovery Way

##### Morinville

9918 100th St.

##### St. Albert

St. Albert Centre  
20A Muir Dr.

##### Sherwood Park

Sherwood Park Mall  
973 Ordze Rd.  
975 Broadmoor Blvd.

##### Spruce Grove

Westland Market Mall  
96 Campsite Rd.

##### Fort Saskatchewan

9542 86th Ave.  
9914 103rd St.

##### Whitecourt

3904 38th Ave.  
4214 42nd Ave.  
3475 35th St.

##### Westlock

10007 106th St.

##### Barrhead

5024 50th St.

Offers available until August 14, 2012, to residential customers who have not subscribed within the past 90 days to TELUS TV or Internet service. Prices may vary without notice. Final eligibility for service will be determined by a TELUS representative. \*Tablet offer available while quantities last. Offer includes Samsung Galaxy Tab 2 10.1 (manufacturer's suggested retail price of \$349.99). TELUS and Samsung reserve the right to substitute an equivalent or better tablet without notice. A cancellation fee applies for early termination of service agreement and will be \$9/mo. for Internet service and \$10/mo. for TV service multiplied by the number of months remaining in the term. TELUS, the TELUS logo, Optik, Optik TV, Optik Internet and the future is friendly are trademarks of TELUS Corporation, used under licence. Samsung and the Samsung logo are trademarks or registered trademarks of Samsung Canada. © 2012 TELUS.



**K-Days to come**

## Attendance up at Capital Ex

This year, 740,339 guests passed through the gates of Capital X during the 10 days of fun this year.

That's an increase from last year's 713,546, but still not high enough to break the record of 810,503 set in 2005 — which was the last year the fair was called Klondike Days.

The edition next summer, July 19 to 28, will be called K-Days, as per a renaming contest that wrapped up Sunday. **METRO**

**Gun at party**

## Charges laid against teen in standoff

The 17-year-old male allegedly involved in a five-hour standoff with Edmonton police on Sunday is facing 11 charges, the police said Monday.

Police responded around 4:30 a.m. to a home in Mill Woods after reports of a male allegedly pointing a handgun at others during a house party. The suspect fled to a premises on Blackburn East Drive, but turned himself over without incident around 9:30 a.m. **METRO**

**Canmore deaths**

## Man killed during climb identified

A 31-year-old Calgary man was identified Monday as one of two climbers killed after a 100-metre fall near Canmore over the weekend. Ranjit Sidhu and a partner fell during a climbing accident at Heart Creek Trail in Lac Des Arc, east of Canmore. Police have not released the ID of the second victim in the incident, but it's believed to be a co-worker of Sidhu's. **METRO**



Edmonton Police Service Staff Sgt. Howard Kunce, of the robbery section, shows off posters released earlier this year through the Storewatch campaign to deter pharmacy theft. **METRO FILE**

# Pharmacy robberies on the decline: Police

**Factors.** Drug changes, increased resources and program efforts all contribute



**HEATHER MCINTYRE**  
heather.mcintyre@metronews.ca

It seems a prescription has been found for pharmacy robberies, as Edmonton police say they are seeing fewer this year.

"Subsequent to last year, we have noticed that pharmacy robberies seem to be decreasing and are back to previous year's numbers,"

said Staff Sgt. Howard Kunce of the EPS Robbery Section.

There were a total of 34 pharmacy robberies last year — and there have been 23 to date this year.

And while that might make it seem like 2012 is likely to catch up to 2011, that's not what trends indicate.

"The increase we noticed last year continued into the early part of this year," said Kunce. "Then it slowed down."

In fact, pharmacy robberies have dropped drastically since March.

"That kind of goes (with) the change in OxyContin," said Kunce, noting it was the

"No. 1 drug of choice" in most robberies last year.

But increased police officer resources, from both the EPS robbery and drug sections, and Storewatch posters and training have also been successful, he added.

"It's great news because last year's spike was something we really weren't ready for," said Kunce. "All of a sudden, it just happened."

And that does tend to occur, as the number of bank, commercial and pharmacy robberies change each year.

"But the numbers, overall, when you count them altogether, are down," said Kunce. "So we've had some success."

**OxyContin changes**

OxyContin is a painkiller, and a well-known abused prescription drug.

- Those addicted either crush the tablets and snort them, or dilute them in water and inject for a high.

- Effective March 1, the drug was phased out and replaced with OxyNEO, which is harder to crush or liquefy.



Follow Heather McIntyre on Twitter @Metro\_Mac

**Mobile news**



Can goat jumping be the next Olympic sport? Scan the code to watch a pint-sized doe jump as high as her hooves will take her.

## INTRODUCING THE 2012 BMW X1 xDRIVE28i WITH ALL-WHEEL DRIVE.

PERFORMANCE WITHOUT COMPROMISE.  
6.5 L/100 KM HIGHWAY AND 10.2 L/100 KM CITY.

LEASE RATE  
**1.9%**  
48 MONTHS

FINANCE RATE  
**1.9%**  
48 MONTHS

NO-CHARGE  
SCHEDULED  
MAINTENANCE  
4 YEAR / 80,000 km<sup>1</sup>

Stk # 88610. 2012 BMW X1 with Premium Pkg, Park Distance Control, Metallic Paint.

THE 2012 BMW X1 xDRIVE28i

ONLY UNTIL JULY 31.

May not be exactly as shown. Total MSRP \$43,357.25. This includes Freight, PDI, AMVIC Fee and A/C tax Plus GST. Finance through BMW Canada at 2.9% over 60 months. \$428/month with only \$4,800 Down.



**BAVARIA BMW • 18925 STONY PLAIN ROAD  
780.484.0000 • BAVARIA.BMW.CA**

# 'I COULDN'T BELIEVE IT'

Metro takes a look back 25 years to July 31, 1987 — the day a powerful and deadly tornado ripped through east Edmonton

## BLACK FRIDAY



**HEATHER MCINTYRE**  
heather.mcintyre@metronews.ca

Rolling clouds and humid weather make Judy Katerenchuk glance upward, even a quarter century after an F4 tornado terrorized Edmonton.

"Especially when it gets hot out and there's the humidity," she said.

"It definitely runs through your mind, whether or not there is going to be another tornado.

"You think twice about the weather."

Judy wasn't home the afternoon of July 31, 1987 — referred to as Black Friday.

She was working downtown while her husband, Michael, was on his way to pick up their two-year-old son and head home — to the mobile home community of Evergreen, where the tornado damaged and destroyed hundreds of trailers and killed 15 people.

"The first thing you think of is 'Thank God I wasn't there,'" said Judy.

The trio stayed with family until they were allowed to return home about 48 hours later.

But in the meantime they were bussed in to retrieve personal belongings.

"When we hit that corner and I saw it for the first time, you could hear a pin drop on that bus," said Judy. "Everybody (gasped) and then it was just dead silence.

"I can't even describe what went through my mind. I couldn't believe it."

"It was just basically ... a big mangled heap," added



Judy and Michael Katerenchuk, along with dog Simba, outside their home in northeast Edmonton. INSET: The destructive force of the tornado was evident by what was left behind in the Evergreen mobile home community. HEATHER MCINTYRE/METRO; INSET: DAVE BUSTON/THE CANADIAN PRESS

### Evergreen community

- There were about 700 trailers in Evergreen in 1987 when the tornado struck.
- Today there are 640, housing about 1,500 people.
- The community is located north of 167 Avenue, just west of Meridian Street.

Michael. "Where it actually went, you couldn't see any trailers anymore. "They were just all piled

up, just torn apart."

As the Katerenchuks worked to make somewhat minor repairs to their home, they did what they could to help the community.

Michael said it took between four and six months to fully rebuild, and that some residents never returned.

The family relocated to nearby Fraser nine years later, a stone's throw from

the tornado's destructive path through Clareview.

"It just really makes you think about those types of things, and how to protect yourself and what you need to do," said Judy.

"It was actually pretty scary to realize it was that close to home."

Follow Heather McIntyre on Twitter @Metro\_Mac



### First sightings

### Eyeing the storm from above and below

Thomas Taylor and Ian O'Donnell each had an early view of the F4 tornado that hit Edmonton on July 31, 1987 — but very different ones.

Taylor, now a 69-year-old retiree, was the first to report the tornado and can still see where it first flashed on the landscape south of Edmonton.

"I still have disbelief that I stepped out on the deck to have a closer look at it when I was talking to the weather office — knowing now what I know and being ignorant at the time," said Taylor, who still lives on the same acreage in Leduc County.

Meanwhile O'Donnell, who was seven at the time, described his vantage point as "a God view."

He was arriving with his parents from Ottawa via plane — because his father had been hired as the director of meteorology for Environment Canada's western region.

"The pilot came on and told us that we were going to have to fly around it basically, but nobody really thought anything of it," said O'Donnell. "And then when we landed, we were informed that indeed it was a tornado."

It's a moving day O'Donnell and his family will never forget, and an image that Taylor said "just never goes away."

HEATHER MCINTYRE/METRO

### Quoted

**"It did look unusually large and unusually dark."**

Ian O'Donnell was seven at the time and on a flight that was diverted around the tornado.

## Edmonton emergency personnel were — and are — ready to respond

Twenty-five years later, Walter Gahler clearly remembers how rain and hail nearly brought him to a standstill on Whitemud Drive.

It was just after 3:30 p.m. on July 31, 1987, and Gahler, then a 25-year-old rookie firefighter with Edmonton Fire Rescue, was responding to the city's southeast industrial area.

Gahler — now a captain — said the scope of what had hit wasn't realized until

### A firefighter remembers

**"I know that call stayed with a lot of people a long time."**

Capt. Walter Gahler, Edmonton Fire Rescue

the truck passed "pretzeled" power lines and a flipped-over, caved-in oil storage tank.

"As we drove past those on our way to our first response address, we knew that it was ... potentially a

tornado," he said.

The F4 storm killed 12 in the industrial area, injuring many more.

Gahler was part of search and rescue efforts at Nault Lumber and Byer's Transport, digging through rub-

ble until midnight.

All emergency responders did an "amazing" job, said Joanne Sheardown, current director of the Office of Emergency Preparedness.

"Their experiences ... have helped us to build what we have now," she said.

The standalone Emergency Operations Centre was established in 2002, and more than 300 staff are trained to activate the city's municipal emergency plan.

HEATHER MCINTYRE/METRO



Edmonton Fire Rescue Capt. Walter Gahler, who responded the day of the 1987 tornado, stands outside Station No. 8. HEATHER MCINTYRE/METRO





This map shows the path of the 1987 tornado that started south of Edmonton and moved north along the city's eastern edge before winding down northeast of the city. LAURIE CALLEN/METRO

# Alberta no stranger to strong twisters

**Stormy skies.**  
Tornadoes more common than thought, weather experts say



HEATHER MCINTYRE  
heather.mcintyre@metronews.ca

When a black sky began to produce rain, hail and strong winds on July 31, 1987, Edmontonians weren't certain of what was to come.

"(Tornadoes) were probably relatively common, but we had just never seen something like that," said Dan Kulak, warning preparedness meteorologist with Environment Canada.

There have been about 30 tornadoes in the Edmonton area, but all lower on the Fujita scale than Canada's only

## Path of destruction

- The tornado travelled nearly 40 kilometres in just over an hour, measuring one kilometre wide with wind speeds up to 416 kilometres per hour.
- In all, 27 people were killed, hundreds injured and hundreds of homes were damaged. Damage was pegged at more than \$300 million.

F4 ever recorded, said Dayna Vettese, meteorologist with The Weather Network.

There are about 80 tornadoes reported every year in Canada, and a dozen in Alberta, said Kulak.

"But the intensity that Edmonton recorded in '87 is by any standards rare in Canada," he said.

The devastation of that storm resulted in expanded province-wide warning systems, upgraded last year to in-

clude the use of social media.

"There's lots of different ways to get that information out to the public, which is really important because you don't know ... which systems will be working and which won't," said Joanne Sheardown, director of Edmonton's Office of Emergency Preparedness.

Follow Heather McIntyre on Twitter @Metro\_Mac



## Black Friday's 27 victims

In the mobile home community of Evergreen, 27 trees were planted in 1988 for those who died in the tornado the year before. HEATHER MCINTYRE/METRO



Jim Allan  
Sharon Denise Andruchow  
Marie Jeanette Barker  
Manuel Carreiro  
George Demetrius  
Ed Dery  
Ajmar Dhalilwal  
Lloyd Fankhanel  
Richard Gillespie

Grant Hartfeil  
Daniel Lewis  
To Ly  
Edito Mendosa  
Glem Nault  
Alfred Nolin  
Etta Nolin  
Kelly Pancel  
Graham Palmer

Mary Putnam  
Darcy Reimer  
Dawn Reimer  
Dianne Reimer  
Marvin Reimer  
Pat Robinson  
Merle Shirley Rosychuk  
Geogry Trabenik  
Eugene Zaparyniuk



How much do you pay for your Home Phone Line?



Start saving today:

- All features FREE
- Keep your existing phone number

Limited Time Offer

**6 Months FREE**

Satisfaction guaranteed!



Unlimited Global

- Unlimited local calling
- 14 free features
- Unlimited calling to almost 60 countries



**\$29.95**  
/month

Unlimited Local

- Unlimited local calling
- 14 free features



**\$14.95**  
/month

Unlimited Canada

- Unlimited local calling
- 14 free features
- Unlimited CANADA calling



**\$19.95**  
/month

Download our Comwave Mobile App  
**3 Days Free Trial**



**780-665-1805**

While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time. The 3 Month Free Promotion is based on a 170¢ line and includes a 30-Day Satisfaction Guarantee period. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guarantee Period with no further obligation. If you transfer your existing phone number from your current provider to Comwave within the first 30 days, you will receive an additional 1 month free for a total of 4 months free. PHONE PRICES shown are for standard service. Additional 911, All-Access Plans do not include calls to the U.S., Canada, Mexico, and Hawaii. Unlimited usage is governed by our Fair Usage Policy to prevent abuse available at [www.comwave.net/terms](http://www.comwave.net/terms).



# Dark Knight shooting suspect slapped with 24 murder raps

**Mental state of mind.** Experts say it's not a question of guilt, but whether or not James Holmes is insane

Prosecutors on Monday charged a former neuroscience graduate student with

24 counts of murder and 116 counts of attempted murder in the Colorado theatre rampage that once again opened a national debate over guns. Legal analysts expect the case to be dominated by arguments over his sanity.

The July 20 attack at a midnight showing of the new Batman movie left 12 people dead and 58 others

## Why 24 charges?



James Holmes faces two counts for each victim — murder with deliberation and murder with extreme indifference.

injured.

Holmes also faces one count of possession of explosives. After his arrest outside the theatre, police said they found his apartment was booby trapped.

On Friday, court papers revealed that Holmes was seeing a psychiatrist at the university.

THE ASSOCIATED PRESS



Victims arrive for an arraignment for suspected theatre shooter James Holmes in district court in Centennial, Colo., on Monday. Holmes has been charged in the shooting at the Aurora theatre on July 20 that killed 12 people and injured more than 50. ED ANDRIESKI/THE ASSOCIATED PRESS

## Distracted walking growing step by step

On city streets, in suburban parking lots and in shopping centres, there is usually someone strolling while talking on a phone, texting with his head down, listening to music, or playing a video game. The problem isn't as widely discussed as distracted driving, but safety experts say the danger is real.

Reports of injuries to distracted walkers treated at hospital emergency rooms have more than quadrupled in the past seven years and are almost certainly under-reported. There has been a spike in pedestrians killed and injured in traffic accidents, but there is no reliable data on how many were distracted by electronics.

"We are where we were with cellphone use in cars 10 years or so ago. We knew it was a problem, but we didn't have the data," said Jonathan Akins, deputy executive director of the Governors Highway Safety Association, which represents U.S. highway safety offices.

State and local officials are struggling to figure out how to respond, and in some cases asking how far government should go in trying to protect people from themselves.

In Delaware, highway safety officials opted for a public education campaign, placing decals on crosswalks and sidewalks at busy intersections.

Philadelphia officials are drafting a safety campaign

## On the web



Surveillance footage caught a distracted walker in Philadelphia fall on train tracks. Scan the code or visit metronews.ca for the video.

that will be aimed in part at pedestrians who are looking at their devices instead of where they're going. As an April Fool's Day joke with a serious message, city officials also taped off an "e-lane" for distracted pedestrians on a sidewalk outside downtown office buildings.

When the Utah Transit Authority adopted an ordinance barring pedestrians from using cellphones, headphones or other distracting electronic devices while crossing the tracks of its light rail system on the streets of Salt Lake City, subject to a \$50 fine, the Legislature refused to make it a statewide law.

Distracted walking bills in the Arkansas, Illinois and New York legislatures also went nowhere.

THE ASSOCIATED PRESS

## Stay-at-home

### Most new moms take leave: Study

Most Canadian mothers took some type of maternity leave following childbirth. Statistics Canada said 90 per cent of children between the ages of one and three had working mothers who temporarily left their jobs.

THE CANADIAN PRESS

## Goody getaway

### Thief had sticky fingers

Around 500,000 bees, as much as 3,600 kilograms of honey and 100 hive frames have vanished from a remote property east of Vancouver. Total value of the brazen bee burglary is estimated at \$100,000.

THE CANADIAN PRESS



## RAISE SOME CASH!

PLAN A BOTTLE DRIVE FOR YOUR NEXT FUNDRAISER

Bottle drives are a fun and easy way to raise money for your organization while doing something great for the environment! There are many ways to do one: a door-to-door event, setting up a central drop-off site or through year-round collection.

Visit your local Depot for a How To Guide, door hangers or to learn more.

albertadepot.ca

**DEPOT**  
It's Worth It



# NO BULL SALE!

THE FIRST TIME EVER, THE NEW SUN TOYOTA IS STAGING A SALE THIS BIG!!!



**0%**  
FINANCING  
OAC

**UP TO  
\$10,000  
IN SAVINGS**

**ONSITE FINANCING &  
INSTANT APPROVAL!**

**GET A  
FREE**



or



A TRIP FOR 2  
TO VEGAS

or



## 2010 TOYOTA VENZA AWD

#P0920A; Auto, 4WD.

**\$0 DOWN  
\$220 B/W**



## 2011 TOYOTA COROLLA CE ENHANCED CONVENIENCE

#P0897; Automatic, A/C

**\$0 DOWN  
\$16,988**



## 2008 GMC UPLANDER

#P0915;  
7 Passenger & Fully Loaded

**\$0 DOWN  
\$16,988**



## 2012 FIAT 500

#C528803A; Low Kms

**\$0 DOWN  
\$141 B/W**



## 2008 VOLKSWAGEN GTI

#B074516B;  
Loaded, Leather

**\$0 DOWN \$21,988**



## 2012 HYUNDAI SONATA GLS

#P0901; Automatic,  
Fully Loaded

**\$0 DOWN \$166 B/W**



## 2009 TOYOTA FJ CRUISER

#C0861174A;  
Loaded

**\$0 DOWN \$188 B/W**



## 2009 TOYOTA TUNDRA CREW MAX 4WD

#P0844;  
Fully Loaded

**\$0 DOWN \$209 B/W**



## 2010 TOYOTA TACOMA DOUBLE CAB

#C101475A; Automatic,  
Fully Loaded

**\$0 DOWN \$240 B/W**



## 2010 AUDI Q7 LIMITED

#P0916; Leather,  
Navigation

**\$0 DOWN \$412 B/W**



**IT'S TOYOTA... THE WHEATON WAY**

CALL OUR VEHICLE  
HOT LINE TODAY!!! **780-701-2222**

SHOP US ONLINE 24 HOURS A DAY, 7 DAYS A WEEK AT

**WWW.SUNTOYOTA.CA**

Out of Town 1.800.661.9845 email: [bryan@sun.toyota.ca](mailto:bryan@sun.toyota.ca)

**10130 - 82 Ave**



Vehicles may not be exactly as illustrated. All payments based on 84 months financing @ 7.49%, \$0 Down, OAC. Plus taxes and fees to secure financing. See dealer for complete details.

## Currency

## Penny receives temporary reprieve

The penny, its death sentence originally pronounced in the last federal budget, will no longer be circulated in Canada as of Feb. 4, 2013, Finance Minister Jim Flaherty said Monday.

The Royal Canadian Mint, which stopped producing the

coins in May, was originally expected to start taking the penny out of circulation by this fall. But retailers and other small businesses complained that the transition to a penny-free marketplace would be too much of a burden right before the busy holiday season.

After Feb. 4, cash transactions will be rounded to the nearest five cent increment.

THE CANADIAN PRESS

## Online video

## Netflix changes privacy policy

Netflix has agreed to change its data retention practices so rental histories of customers who haven't subscribed to the service for at least a year will no longer be identifiable.

Netflix notified customers of the policy shift in an

email Monday.

The change is part of a proposed settlement to a privacy lawsuit filed against Netflix last year by six plaintiffs.

The lawsuit was granted status as a class action to represent tens of millions of Netflix customers and led to a mediated settlement announced in February.

TORSTAR NEWS SERVICE

## Hacking

## Two arrested in S. Korean data theft

South Korean police said they arrested two men who allegedly stole the personal details of about eight million mobile phone subscribers and sold the data to marketing companies in one of the country's biggest hacking schemes.

Police said the two made about \$877,000 from the hacking scheme. They sold the program as well as mobile subscriber data to telemarketing companies which used the details to contact customers to solicit them to switch to other mobile operators.

Police said a former KT employee and six others were also charged for their roles in the scheme.

THE ASSOCIATED PRESS

# Apple, Samsung spar over patents

**Court case.** Jury of 10 will be selected this week before opening statements begin in a trial expected to last more than a month

With billions of dollars and control of the U.S. smartphone and computer tablets markets at stake, jury selection began Monday in a closely watched trial between two of the world's leading tech companies over patents.

Apple filed a lawsuit against Samsung Electronics last year alleging the world's largest technology company's smartphones and computer tablets are illegal knockoffs of its popu-

## Smartphone wars

- The pace of iPhone sales has slowed, Apple revealed last week. Part of the problem is that the competition has thinner phones with big screens.
- Samsung, the number-one maker of smartphones, touts its newest flagship phone, the Galaxy S III, sleek and wafer-thin.

lar iPhone and iPad products.

Apple is demanding \$2.5 billion US in damages, an award that would dwarf the largest patent-related verdict to date.

Samsung countered that Apple is doing the stealing and

that some of the technology at issue — such as the rounded rectangular designs of smartphones and tablets — have been industry standards for years.

A jury of 10 people will be picked from a pool of dozens, and opening statements could start late Monday or early Tuesday in a trial expected to last more than a month.

The case is just the latest skirmish between the two companies over product designs. A similar trial began last week, and the two companies have been fighting in courts in the U.K. and Germany.

Industry-wide, some 50 lawsuits have been filed by myriad telecommunications companies jockeying for position in the burgeoning \$219-billion market for smartphones and

computer tablets.

THE ASSOCIATED PRESS

## Market Minute



**DOLLAR**  
99.82¢ US (+0.26¢)



**TSX**  
11,757.88 (-8.48)



**OIL**  
\$89.78 US (-35¢)



**GOLD**  
\$1,619.70 US (+\$1.70)

**Natural gas:** \$3.214 US (+0.1¢)  
**Dow Jones:** 13,073.71 (-2.65)



## Speaking up against big oil

Grand Chief Stewart Phillip, of the Union of B.C. Indian Chiefs, arrives for a news conference in Vancouver on Monday, where he voiced his opposition to the Enbridge Northern Gateway pipeline.

DARRYL DYCK/THE CANADIAN PRESS

We Ritesh Gupta and Shailza Gupta r/o sector 40-A H.no 683 Chandigarh India now living in Canada at 8003 3rd Ave s.w Edmonton Alberta has changed our daughter name from Shreya to Shreya Gupta of Passport No. H3008743 . All concerned note Please.

## NEED MONEY?

- ✓ No credit checks
- ✓ Fast approvals

call 1-866-499-5629

And get cash now!!

www.mynextpay.com

# Black sees investment potential in Canadian newspapers

Conrad Black says he sees investment potential in Canadian newspapers, sparking speculation that the former media baron wants to re-enter the media industry.

"There is a great premium to be placed on the editorial function and on the goodwill of a famous trademark like a respected newspaper," Black told The Huffington Post Canada during an editorial board meeting. "Any good title that's grossly underpriced could be interesting."

Black, 67, recently returned to Canada on a temporary resident permit after serving 37

months in a Florida prison for fraud and obstruction of justice while he was head of media giant Hollinger International, former owner of papers from Canada's National Post to Israel's Jerusalem Post.

Black said he isn't actually in the market to buy a newspaper right now. He evaded questions about how he would transform a newspaper in order to make it profitable in the new digital landscape.

"It's not that I don't have an answer, but I'm not going to answer because it might be an untimely and excessive disclosure, and compromise what I might

actually do," he said.

It may be difficult for Black to re-enter the Canadian media industry, because it's not known yet whether he will be allowed to stay in the country after his temporary permit expires. The media mogul renounced his Canadian citizenship in 2001 to become a member of the British House of Lords.

Black, who doesn't have a Canadian work permit, has said he plans to keep writing for Canadian media outlets, including The Huffington Post Canada and the National Post, the newspaper he founded more than a decade ago. THE CANADIAN PRESS



Former media baron Conrad Black THE CANADIAN PRESS



EDMONTON.MINI.CA

## THE MINI SUMMER SALES EVENT IS HERE.

FISCAL RESPONSIBILITY HAS NEVER FELT SO RECKLESS.

Who says you have to beg and borrow to steal a little attention? The MINI Summer Sales event is the perfect chance to own a hot, pulse-pounding ride for a truly jaw-dropping price. Plus, for a limited time, we're offering finance rates from 0.9% on all MINI models and cash incentives of up to \$1,250 on the ALL4 all-wheel-drive Countryman. And better yet, there's always 3-year/50,000 km No-Charge Scheduled Maintenance\* included on all models. So go ahead, save your money — there's a rubber left to burn.

THE MINI COOPER KNIGHTSBRIDGE. OFFER ENDS JULY 31<sup>ST</sup>.

FINANCE RATES FROM **0.9%** LEASE RATE **2.9%** MONTHLY LEASE PAYMENT **\$330**  
FOR 48 MONTHS  
WITH \$3,326 DOWN PAYMENT.  
TAXES EXTRA! TOTAL SELLING PRICE: \$25,713\*



COME IN AND VISIT US TODAY

MINI EDMONTON

7450 ROPER ROAD • 1.855.300.1526

Vehicles not exactly as shown. The MINI Summer Sales event ends July 31, 2012. \*Selling price of a 2012 MINI Cooper Knightsbridge base model is \$25,713, which includes MSRP, freight & PDI (\$1,595), A/C tax (\$100), tire levy (\$12), Retailer administration fee (up to \$259), Registration, licensing, and taxes are extra. \*\*Finance rate offered by MINI Financial Services only on approved credit. Other rates are available for longer terms. \*\*\*Lease rate is offered by MINI Financial Services only on approved credit exclusively for the following in-stock base model: 2012 MINI Cooper Knightsbridge. ††Leasing offer: based on selling price of \$25,713, a 48-month lease with an annual interest rate of 2.9% and a \$289 monthly payment, which includes the initial down payment of \$2,329 (upon credit approval), a security deposit of \$289, the first monthly payment, RDPN (\$47), tire recycling fees (\$12), and the A/C tax (\$100). The residual value at the end of the lease is \$11,228. Total obligation (including down payment) is \$15,540. Monthly payment may vary according to down payment and residual value. Annual kilometres (limited to 20,000, \$0.15 per excess kilometre). The vehicle registration, licensing, and applicable taxes on the down payment and the lease payment are extra. Excess wear-and-tear charges may apply. Retailers are free to set individual prices and charge administration fees, which may change the APR or the price of the vehicle. This limited-time offer is subject to availability and may be cancelled or changed without prior notice. Delivery must be taken by July 31, 2012. Certain conditions apply. See your local MINI Retailer for full details. †††Fuel efficiency rating is applicable only to the 2012 MINI Cooper Knightsbridge with manual transmission. Fuel consumption figures are for comparison purposes only and based on 2012 EnerGuide fuel consumption ratings. Actual fuel efficiency may vary based on driving conditions and addition of certain vehicle accessories. †2012 model year MINI vehicles purchased from an authorized MINI Retailer in Canada are covered by a No-Charge Scheduled Maintenance Plan for three years or 50,000 km, whichever comes first. © 2012 "MINI," the MINI logo, MINI model designations, and all other MINI related marks, images, and symbols are the exclusive properties and/or trademarks of BMW AG, used under licence.



# WHY PUT PRIVATE PAIN IN THE PUBLIC EYE?



**SHE SAYS...**  
Jessica Napier  
metronews.ca/shesays

We all make mistakes in our 20s. Luckily, most of us don't have to live out those youthful bad decisions on the front page of People magazine. Kristen Stewart — of red carpet

grimacing and Twilight fame — is not as fortunate as us regular folk.

Last week, the 22-year-old starlet was outed in a very public manner for cheating on her long-time boyfriend Robert Pattinson with married Snow White and the Huntsman director Rupert Sanders.

Sadly 'Robsten' — perhaps the most overreaching celebrity couple portmanteau of all time — is no more. But while Twihard fan girls are mourning the end of an on-screen vampire romance turned true love, the rest of us are wondering, why on Earth we should care at all?

Oh that's right, because Stewart and her philandering partner released PUBLIC statements of apology, as if we are the ones being directly impacted by this made-in-Hollywood affair.

It seems confusing to me that stars in the spotlight — who usually demand privacy in times of great stress — would validate the role that these gossip magazines play in their personal relationships by issuing apologetic press releases. I think both Stewart and Sanders' statements have everything to do with creating publicity and very little to do with salvaging their respective relationships.

Unfortunately, overt performances of romance gone awry aren't confined to the world of celebrity couples.

I'll confess that I've been there. Following an Earth-shattering teenage breakup, I spent about a month adorning my MSN screen name with sensitive song lyrics by courtesy for my entire pre-Facebook social network to see.

And while these barefaced displays of pubescent melancholy might be forgivable from a 16-year-old, I still see the same sort of emotional exhibitionism from my peers a decade later.

I see it all the time, people baiting friends and followers with attention-seeking updates on their private-life dramas. Do you really find solace in smearing your broken heart all over your Facebook profile? Does tweeting about newly 'single and fabulous' status offer you real emotional validation? Is it really necessary to Instagram a photo of yourself with downcast eyes and a solemn pout with #Breakup attached?

What does it say about us as a society that we not only have a schadenfreude-esq obsession with celebrity couple breakdowns, but that we feel the need to imitate their penchant for over-sharing in our own online worlds?

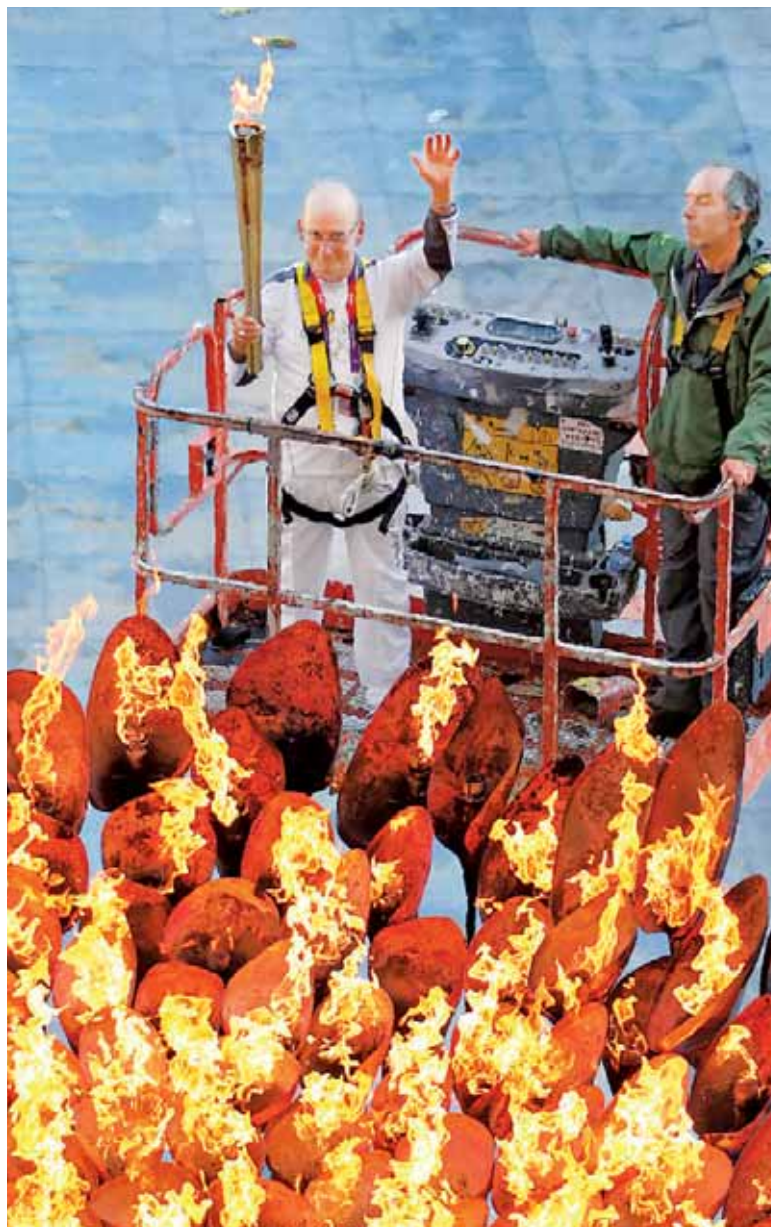
We should probably leave the brazen theatrics to shameless reality stars and teenagers with raging hormonal levels. Remember, not every emotional meltdown warrants a press release, at least not in the 'real' world.

Follow Jessica Napier on  
Twitter @MetroSheSays



Insiders are claiming Stewart's public apology was career suicide for the Twilight star, The Huffington Post reported. GETTY IMAGES

# Where to find the Olympic cauldron



JAE C. HONG/THE ASSOCIATED PRESS

Let the flame begin

## Fire returns after being relocated

Austin Playfoot, a torchbearer from the 1948 Olympics — when the Games were last held in London — and again this year, poses after lighting the cauldron at the Olympic Stadium during the 2012 Summer Olympics on Monday in London. The cauldron was moved from the infield to its resting position at the stadium.

Organizing committee officials said in a statement Monday that the cauldron was shifted from the middle of the stadium's infield to an area near the opening ceremony bell to prepare for the track and field competition, which begins Friday.

THE ASSOCIATED PRESS

Need a ticket to see

The cauldron will only be visible for those who have tickets to the track and field competition. This has been a cause for concern for spectators with a burning desire to get a photo with it.

Organizer says:



"It was not created to be a tourist attraction."

Sebastian Coe, head of the London organizing committee, told the media.



Twitter

@Darkhours:

Called the paint store to inquire about 50 shades of grey. They said no problem. #justpaint #no-bigdeal #justsayin #yeg

Oh Monday, why do you torcher me so?! #MondayBlues #yeg

@scrappy\_d:

Is in serious need of something delicious. Does #yeg have brownie delivery services?!

@NatelySinski:

Waiting at the airport for two hours so I could wait some more on a plane to wait a bit more at another airport for some more waiting. #yeg

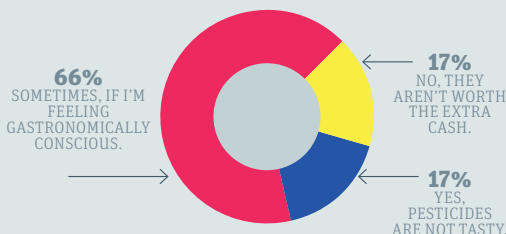
@MissNicaStone:

The real reason why #Kdays won was because all the other options were even more uninteresting and dull than Capital Ex. #yeg



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

## Do you buy organic groceries?



President Bill McDonald • Vice-President & Group Publisher, Metro Western Canada Steve Shourt • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • National Deputy Editor, Digital Quin Parker • Managing Editor, Edmonton Darren Krause • Managing Editor, News & Business Amber Shortt • Managing Editor, Life & Entertainment Dean Lisk • Vice-President, Sales Quin Millar • National Sales Director Peter Bartrem • Sales Manager Cheryl Skogg • Distribution Manager Jim Hillman • Vice-President, Business Ventures Tracy Day • Vice-President, Creative Jeff Smith • Vice-President, Marketing & Interactive Jodi Brown • Vice-President, Finance Phil Jameson • METRO EDMONTON Suite 2070, 10123 - 99 Street Edmonton, AB T5J 3H1 • Telephone: 780-702-0592 • Fax: 780-701-0356 • Advertising: 780-702-0592 • [adinfo@edmonton@metronews.ca](mailto:adinfo@edmonton@metronews.ca) • Distribution: [edmonton\\_distribution@metronews.ca](mailto:edmonton_distribution@metronews.ca) • News tips: [edmonton@metronews.ca](mailto:edmonton@metronews.ca) • Letters to the Editor: [edmontonletters@metronews.ca](mailto:edmontonletters@metronews.ca)



# 2 SCENE

## DVD reviews



### Le Havre

Director. Aki Kaurismäki

Stars. Andre Wilms, Blondin Miguel, Jean-Pierre Darroussin

●●●●●

Le Havre is an exceeding droll comedy from Finnish master Aki Kaurismäki, whose dark worldview is balanced by a deep empathy for his blue-collar characters. Charming in its retro manners, cares and colours — while at the same time contemporary in its grasp of immigration and poverty issues — the film is set in the French port city of the title, a place where goods and people are constantly shifting. André Wilms stars as wily old shoeshiner Marcel, who dodges cops and creditors as he cheerily dispenses polish and eccentric home-spun philosophy out of the main railway station. Marcel's bonhomie is put to the test by a big event: a group of African stowaways, illegal immigrants all, have been discovered inside a container on the Le Havre dock. One of them, a young pre-teen named Idrissa (Blondin Miguel), manages to evade police and port authorities, and he's now being sought. Will Marcel squeal or assist? As good as the cast is, it's the deceptively passive Miguel who anchors the film.

PETER HOWELL

## On the web



NY's graffiti artists of the 1970s and 80s, now in their 40s and 50s, still have urge to tag

# If it ain't broke don't fix it, says No.1 CBS

**Television Critics Association press tour.** Network head touts first-place success, talks new and returning shows

## AMBER RAY

Metro World News in New York

As head of the top-rated broadcast network, Nina Tassler, President of CBS Entertainment, didn't have many announcements to make when addressing journalists at the Television Critics Association press tour in Beverly Hills, Calif., other than one clear message: The network is on top, and plans to stay there.

"We're No. 1 in viewers. We're No. 1 in upfront revenue. We're No. 1 in Emmy nominations," Tassler said. "Good performance, good business, and outstanding quality on the screen. I'm really proud of the environment we've created for launching and sustaining hit shows, from development, to scheduling, to marketing, to current programming," she added.

In a "not broke, not gonna fix it" move, the CBS slate this fall includes just four new series: Elementary, a modern take on Sherlock Holmes; Vegas, about the politics and crime that shaped the Strip in the 1960s; Made in Jersey, a crime procedural following a Jersey girl working her way up at a



The '60s set series Vegas goes beyond nostalgia. HANDOUT

high-end Manhattan law firm; and the buddy comedy Partners.

Regarding the pickup of Elementary at a time when there are many other versions of Sherlock Holmes on the pop culture scene (the BBC series Sherlock and the Sherlock Holmes movie franchise included), Tassler said, "when you have an opportunity to build a show around one of the greatest detectives in all of literature, you're going to jump at that opportunity."

She called the BBC series, which airs on PBS in the States, "extraordinary," and is confident "there's plenty of room for another Holmes in our world."

When questioned about Vegas and the recent failure of other period dramas on broadcast networks (The Playboy Club, Pan Am) Tassler insisted her '60s-set series goes beyond

a nostalgia factor. It is foremost about the fascinating character of real-life Sheriff Ralph Lamb, who fought to bring order to the mob-run casino scene, she said. "The fact that it was set in the '60s certainly informed the show, but it's not about the '60s, per se," Tassler said. "It's about these two forces that were battling for the heart and soul of Las Vegas at a very key moment in the history of the city."

Most questions posed to the CBS exec, however, involved returning series.

## On cancelling CSI: Miami ...

"Saying goodbye to a CSI this year was — it was a very big deal. That show has been extraordinarily successful for us. So it was a difficult decision. What we looked at — it was a jump ball. What we looked at was Friday night versus Sunday night.

## How I Met Your Mother



Neil Patrick Harris  
HANDOUT

**Comedy.** One of the biggest questions posed to Tassler was about renewing How I Met Your Mother and allowing the creators to tell the entire story. Here's what she had to say: "Well, they had an incredible year last year. We've got a great relationship with (creators) Craig (Thomas) and Carter (Bays), and certainly they have a very strategic wrap-up to the show. They know we want the show to come back next year. We are having conversations right now about extending it. We want the show to come back next year."

We looked at the flow on Friday night for New York versus Miami. So it was a very tough choice. But as I said, it was really a jump ball and just had to do with the schedule."



MORE TIME MORE CHOICE

# MORE FREEDOM

## Eton Park Villas • Sherwood Park

Premium Adult Bungalows located in Sherwood Park, Eton Park Villas offers luxury finishings, exterior maintenance services and finished basements, providing you with more time & more freedom, to do what you want! Visit the show home today!

780.903.2465 • Eton Blvd & Aspen Trail  
Mon - Thurs 1 - 6pm • Weekend 1 - 5pm

CDLhomes.com



## SPASATION SALON & SPA

**EXPERIENCE SPASATION**

Enter to win the ultimate spa package and a chance to relax, rejuvenate, and be pampered!

To register and for full contest details, visit [clubmetro.com](http://clubmetro.com)

## CANADA'S FIRST NEWS APP IN NEWSSTAND

Now available for iPad, iPhone and iPod touch!



# WagJag.com

## DEAL OF THE DAY!

GET DEALS ON YOUR PHONE:



**Buy For:**  
**\$17**

\$17 FOR A PAIR OF FOLD-UP  
FLIP FLOPS INCLUDING SHIPPING  
FROM FIT IN CLOUDS  
(A \$34 VALUE)

Regular Price: \$34

You Save: \$17

Discount:  
**50%**



*Multiple  
Offers!*

BEL MARRA NUTRITIONALS: TWO OPTIONS  
OPTION 1: \$39 FOR 2 BOTTLES OF GREEN  
COFFEE SUPPLEMENTS  
OPTION 2: \$39 FOR 2 BOTTLES OF AFRICAN  
MANGO SUPPLEMENTS



**Buy For:**  
**\$35**

\$35 FOR \$100 TOWARDS FASHIONABLE  
APPAREL, JEWELLERY AND ACCESSORIES  
FROM TIRAMISU FASHION - FREE SHIPPING



**Buy For:**  
**\$35**

\$35 FOR A 1-YEAR SUBSCRIPTION TO  
RENTCLICK.CA (A \$549 VALUE)

**Visit: WagJag.com**

Follow us on:



facebook.com/wagjag  
@wagjagmonton

Hurry to WagJag.com to purchase local deals before time runs out.



Unique Getaways  
Within Reach

Follow us on: @GoJaunt facebook.com/GoJaunt



**Boutique Hotel  
in Downtown Calgary**  
Hotel Blackfoot, Calgary, AB

ORIGINAL PRICE \$661+

**\$349** Buy before August 8, 2012

# Demo's & Porsche Company Cars



**2011 Boxster**  
#11BOX0772 Black  
15 kms  
Was \$66,995  
Now \$59,900



**2011 Carrera 4**  
#11CAR6479 Platinum  
Silver Metallic, 15,048 kms  
Was \$119,425  
Now \$109,900



**2012 Panamera 4S**  
#12PAN1362 Carbon Grey  
Metallic, 3,500 kms  
Was \$137,615  
Now \$129,900



**2012 Carrera 4 GTS**  
#12CAR0956 Silver  
3,909 kms  
Was \$146,015  
Now \$137,900



**2011 Cayenne S Hybrid**  
11CAY1719 Jet Black  
Metallic, 19,090 kms  
Was \$112,685  
Now \$94,900



**2012 Cayman R**  
12CYM2071 Peridot Metallic  
18,450 kms  
Was \$112,055  
Now \$79,900



**2010 Panamera S**  
#23912 Platinum Silver  
Metallic, 3,699 kms  
Was \$125,445  
Now \$99,900



**2012 991 Carrera S**  
#12CAR0197 Carrara White  
10,370 kms  
Was \$136,235  
Now \$127,900



**2012 Panamera 4**  
#12PAN3399 Dark Blue  
Metallic, 24,266 kms  
Was \$112,055  
Now \$94,900



# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## The Word

*Farrell living the simple, boring life*

**THE WORD**  
Monica Weymouth  
scene@metronews.ca

Colin Farrell has been behaving himself for years now, doing just enough films to stay relevant while plugging just enough charities to seem rich and enlightened.

But while we may forget his rehab-and-sex-tape days, Farrell is surprised his career survived them. "I had burned so many bridges in the film industry that I couldn't get a f—king meeting," the actor tells Men's Health.

You can catch him this weekend in the remake of Total Recall, a role he was able to land thanks to his fairly healthy new lifestyle.

"I don't put the same level of energy into healthy



living as I did into unhealthy living, but I eat really well, drink loads of green tea and take a s—t load of vitamins," he tells the magazine. "It's so f—king boring. Life has

mutated to take on this sweet simplicity that I am really f—king OK with."

Colin, if you want in on our Pier 1-Target double-header this weekend, say the word.



Russell Brand

## Brand backs up fellow funnymen

Comedians Dane Cook and Daniel Tosh have drawn fire this month for jokes about rape and the recent Colorado movie theater shooting, respectively. But who is the one person they didn't offend? Russell Brand. "I don't know about what Dane Cook or Daniel Tosh said, but I know that they are comedians, and I know they're nice human beings, so I don't imagine that they had any intention other than to elicit laughter from their fellow human beings, as is their job," Brand told reporters at the TCA panel for Brand X, his cable series. "I don't think we should create a state where people are afraid to talk. That could have much worse consequences."

## Reality bites: Twilight stars will have to reunite

In the wake of Kristen Stewart's apology for cheating on Robert Pattinson, the Twilight co-stars are reportedly not speaking to each other, according to People magazine. Sources say both parties have left the L.A. home they share and are living elsewhere separately. "I'm not sure they'll be able to recover from this,"

a source tells the magazine, adding that Pattinson "is heartbroken and angry."

They'll have to face each other soon enough, though, as they're set to be co-presenters at MTV's Video Music Awards on Sept. 6, just as promotional duties begin in earnest for the final Twilight film, out in November.

## Twitter



**@MissKellyO**

its really bothering me most US #OlympicReporters make a mockery the way ppl from my country talk/ our cultures we would never do that to you



**@kirstiealley**

we seriously need to wear false eyelashes.. watching Ghost Whisperer marathon.. 1st season no lashes. last seasons big lashes..Night & day



**@kathygriffin**

Can Mariah Carey PLEASE judge from her bubble bathtub every wk on American Idol? WITH a tiara on?



**@katperry**

SO HAPPY TO BE BACK IN BRAZIL!



# EDUCATION BOOM

## CHANGING OF THE GUARD AS BABY BOOMERS RETIRE

Adult education is booming — thanks to the baby boomers.

Bob Cram, executive director of the Centre for Continuing and Distance Education at the University of Saskatchewan, says older workers exiting the workforce have driven up demand for business courses to train their replacements.

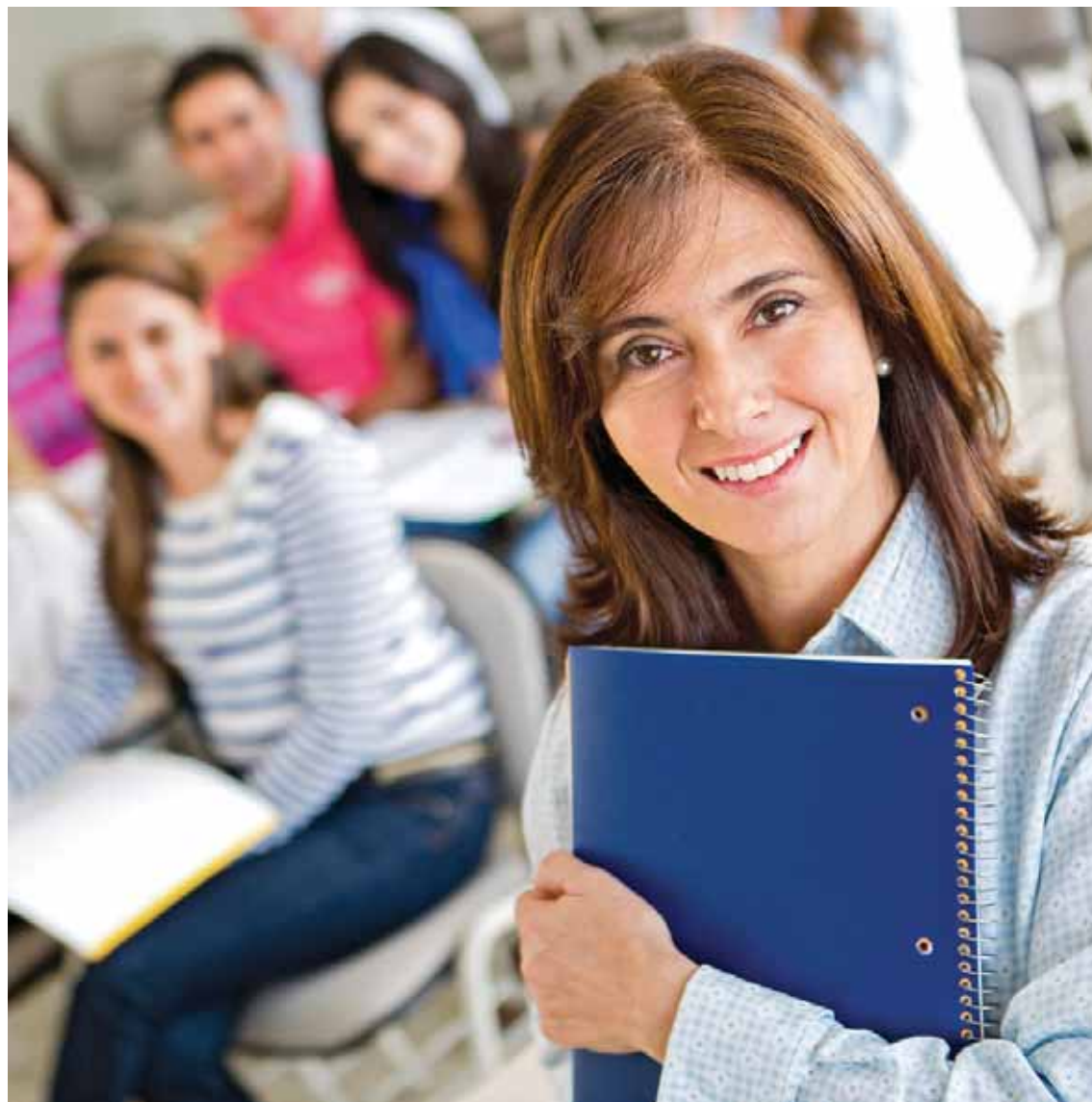
Demand this fall will be high for courses in business, communications skills, writing skills and leadership development, supervisory dealing with difficult people. “All of those courses help you develop skills you can use in your job,” he says.

Many adult learners take skills non-credit courses once a week in 13-week evening classes. He says leadership development and project management are the most popular. Another popular section is graduate programs like an MBA for a businesswoman advancing her career, or a master’s in education for a teacher who wants to become a principal. Public administration and public health degrees are also in demand.

Cram attributes it to a changing of the guard as boomers retire. Those retired boomers also created the second surge in adult education. “Now they want to take courses that are just for fun. For the love of learning,” he says.

They don’t care about getting a degree, but just want a social outing in an educational setting. Many cities have non-profit organizations like the 400-member Saskatoon Seniors Continuing Learning Inc. These groups liaise with their members and their local universities to pick classes on topics like Irish literature, the origins of the First World War, or Prairie geology.

Cram notes you can audit a course, which means you don’t get a credit, but it reduces the cost by half. Seniors can sometimes learn for free. “Typically, it’s after the normal registration period has closed. If there’s space in the class they



ISTOCKPHOTO/THINKSTOCK

can register for free,” he says.

The trend is moving away from that, but it’s worth checking with your registrar. Courses organized specifically by

seniors groups are often only about \$50 anyway.

Cram notes that many of the professional development courses are being

taken online. The University of Saskatchewan saw online enrolment jump 35 per cent in each of the last two years.

— Jon Tattrie

## What if school could *go to you*?

**16 Alberta institutions**  
**60+ online programs**  
**700+ online courses**  
**1 location**

**Convenient • Flexible • Transferable**

- Academic upgrading
- University transfer
- Business
- Early learning and child care
- Health care
- And much more



# OPEN YOUR WORLD TO LEARNING

## \$30M ATHABASCA CAMPAIGN FOCUSES ON THE FUTURE

The leaders of tomorrow are getting a helping hand through a multimillion-dollar fundraising campaign through Athabasca University.

The Open Our World initiative is a \$30-million campaign focused on the future of learning and Athabasca University's role as a leader in that future.

"With the priorities and initiatives targeted through the Open Our World campaign, AU is poised to open the doors to higher education ever wider and create a bright, innovative future for learning," says Pamela Walsh, vice-president advancement Athabasca University.

"By doing things differently — by removing barriers to education through learning opportunities that are available to anyone, anywhere, anytime — AU opens doors to knowledge in novel ways."

The money raised through Open Our World will benefit AU by providing the



ATHABASCA UNIVERSITY PHOTO

best practices in online education.

AU will also make major contributions to the transformation that the post-secondary sector must undergo to meet the needs of today's and tomorrow's learners.

And AU will retain and expand its leadership position in open, online and distance education.

As of May 2012, AU has raised 75 per cent of the \$30-million goal.

Through the generous support of more than 300 donors, contributions received to date have significantly increased the

number of scholarships and bursaries available to students, contributed to the upgrading of the university's science labs and IT infrastructure, supported community initiatives such as the science outreach and learning communities programs, and provided support for faculty research.

"For over 40 years, Athabasca University has proven that it is no ordinary university," says Walsh.

"As a pioneer and a leader in flexible, accessible post-secondary distance education, AU has reached out to hundreds of



ATHABASCA UNIVERSITY PHOTO

thousands of people who might not be able to attend a traditional university, and it has inspired their success, both in learning and in life."

Today, Athabasca University is one of four comprehensive academic and research universities in Alberta and one of the world's foremost open, online and distance education universities.

It offers more than 900 courses in more than 50 undergraduate and graduate degree, diploma and certificate programs.

In 2010-11, AU served almost 40,000 students in more than 90 countries.

For more information about Open Our World, visit [open.athabascau.ca](http://open.athabascau.ca).

## HEALTHCARE BUSINESS TECHNOLOGY

With over 20 diploma and certificate programs, your new career is closer than you think. Graduate in less than one year.

**CALL TODAY  
START RIGHT AWAY!**

Financial Assistance available to qualified applicants.

Edmonton Downtown (780) 424-1144

Edmonton South (780) 433-7284

West Edmonton Mall (780) 496-9428

Red Deer (403) 347-6676



**Academy  
OF LEARNING  
CAREER COLLEGE**

[www.academyoflearning.ab.ca](http://www.academyoflearning.ab.ca)



## PART-TIME, ONLINE, DISTANCE, WEEKENDS...

### ENRICH YOUR LIFE BY CONTINUING TO LEARN

**NorQuest offers a variety  
of continuing education  
courses including:**

- ▶ Home Inspection Certificate
- ▶ Fundamentals of Laser Therapy
- ▶ Clear Writing Workshops
- ▶ Pharmacy Technician Bridging
- ▶ Dementia Care

**Call 780-644-6480  
and get started!**

[www.norquest.ca](http://www.norquest.ca)





# ATTENTION TO DETAIL

## STUDY COMPUTER AIDED DESIGN AT DIGITAL SCHOOL

Managing work and school does not have to be a full-time job on its own.

At Digital School, study part time, on-line for a career in computer aided design with a computer aided drafter certificate.

"It's the same certificate our full-time, on-campus students receive, but now students who couldn't commit to a full-time, daytime program can complete a computer aided drafter certificate from their homes with a commitment of two evenings and a Saturday every week," says Danny Luong, admissions adviser for Digital School.

This program uses live instruction via the Internet, so students will feel like they are in the classroom while in the comforts of their own homes.

They will also be receiving the same instruction as students in the six-month, full-time, in-class program, but over a span of 12 months. The program consists



ISTOCKPHOTO/THINKSTOCK

of 52 weeks in the online virtual classroom.

Digital School also offers a number of full-time CAD (computer aided design) programs as well, which are less than one year in length. CAD courses include computer aided drafter certificate, architectural CAD diploma, and engineering CAD technician diploma with process piping specialization.

"If attention to detail is one of your strengths; if you like working with highly skilled professionals in an atmosphere of respect and purpose; if you have a keen eye for the aesthetic and the practical; a career in CAD might be just what you're looking for," says Luong.

Applications for the full-time programs are now being accepted for the October intake. For more about the part-time computer aided drafter program, call 780-414-0200, email DannyL@digitalschool.ca, or visit digitalschool.ca.

# THE PULSE OF MEDICINE AT UNIVERSITY OF ALBERTA

Dissect the medical profession in just eight weeks by attending the University of Alberta's Mini Medical School this September.

Back by popular demand, the U of A Faculty of Medicine and Dentistry is happy to bring back this program for a sixth year.

"The public in general has an enormous appetite for all things health," says Dr. Chris de Gara, professor of surgery at the U of A.

During the eight-week program, the public will get a small taste of medical school by learning about disease and the science behind it.

"We do tend to focus on the science behind disease, not just the disease itself," says de Gara.

This program helps to inform those interested in the medical profession, what it is like to be a medical student, and touches on some of the topics taught in the full-time degree programs.

It also gives members of the public a chance to know more about the "nuts and bolts" of disease.

"It is like we are lifting up the hood to



ISTOCKPHOTO/THINKSTOCK

see the engine and how it works," says de Gara.

Each night will feature some of the profession's leading professionals and faculty staff, who will bring props and simulators to engage the students and enhance learning.

The program takes place every Tuesday night from Sept. 11 to Oct. 30, for two hours each night in the Edmonton Clinic Health Academy.

The cost is \$150 for the public or \$100 for seniors (ages 65 and older).

For more information about the University of Alberta's Mini Medical School, visit [echa.ualberta.ca](http://echa.ualberta.ca).

# MacEwan

## Learning that fits you?

WE HAVE A [ **COURSE** ] FOR THAT.

MacEwan University Business Continuing Education offers individual courses, professional development certificates and accreditation seminars in areas like:

- Communications & conflict resolution
- Computer training
- Investment & financial planning
- Leadership & supervisory development
- Project management
- Small business & marketing

Build your skills through practical, hands-on courses, either in-class or online. Check [www.MacEwan.ca/business/CE](http://www.MacEwan.ca/business/CE) or call 780.497.5207

School of Business | Continuing Education

[www.MacEwan.ca/business/CE](http://www.MacEwan.ca/business/CE)

# TRADE UP TO A NEW CAREER IN THE TRADES

NAIT CONTINUING EDUCATION OFFERS tradeskill courses that deliver practical training on a convenient schedule, so you can learn new skills without leaving your current job. Our hands-on training helped Andrea become hired as an apprentice the first day she handed out resumes after graduation. She loves having a career that is challenging and different every day, and sees NAIT's Job Readiness programs as a fantastic way for women to try something different – and potentially gain a great new career, like hers.

Look for the new Continuing Education calendar at newsstands throughout the Edmonton area on August 10 or online at [nait.ca/ConEd](http://nait.ca/ConEd).

Enrol online today!

ANDREA SUDERMAN  
Plumber Apprentice,  
The Plumber Guys  
PLUMBER JOB  
READINESS, 2011



NAIT@  
**50** EDUCATION FOR  
THE REAL WORLD



re offer courses and  
business; health care and trades.

# STAY RELEVANT WITH PART-TIME IT TRAINING

**WE'RE HELPING BUSY PROFESSIONALS** stay current with the latest technologies. If you're looking to update your skills, learn something new or get ahead in your profession, count on part-time information technology certificates and courses from the Computer Training Centre (CTC).

All of our programs are easily transferable to the workplace and offer you the flexibility to fit your classes around your personal and professional commitments.

Check out the new CTC Calendar - now available at newsstands throughout the city or online at [nait.ca/ctc](http://nait.ca/ctc).

**Registration for fall courses is now open.**

[nait.ca/ctc](http://nait.ca/ctc) | 780.378.5008



NAIT@  
**50**

EDUCATION FOR  
THE REAL WORLD

## ECAMPUS COMBINES LIFE AND LEARNING

A new career is only a click away with eCampusAlberta.

With a wide range of course offerings available online, it is easy to combine life and learning.

"There are a high range of choices available for those who want to pursue learning in ways that are flexible and convenient to their schedule," says Tricia Donovan, PhD, executive director, eCampusAlberta.

eCampusAlberta is a consortium of 16 publicly funded post-secondary institutions across Alberta, with 15 currently

offering online courses.

"Together, we work to increase access to high quality online learning opportunities for all Albertans," says Donovan.

For many students, balancing school and work, or perhaps other life commitments, can be a difficult task, but online courses at eCampusAlberta can take away some of that stress.

"When we survey students, they tell us that the primary benefits are the flexibility and convenience," says Donovan.

"Many of our learners are working full time and endeavouring to further develop

their skills and/or prepare for a career change."

Donovan also adds that the convenience of online learning should not take away from the level of work required to be successful at online learning.

"Typically, those who are successful in online learning work at being disciplined enough to keep a focus on completing their courses," says Donovan.

eCampusAlberta offers students a vast range of course offerings, from academic upgrading, business certificates and diplo-

mas, health-care services, early childhood, criminal and protective services, emergency services, and many more.

They currently support more than 700 courses and 68 credentials offered fully online, and offer 24/7 online support.

For more information about the courses available at eCampusAlberta, visit [ecampusalberta.ca](http://ecampusalberta.ca).



HEMERA/THINKSTOCK

## AN EDUCATIONAL JOURNEY WITH ACADEMY OF LEARNING

Sometimes a sample is all you need.

Whether you aren't ready to commit to an entire program or interested in trying out a few different educational courses, Academy of Learning is there to help you along your educational journey all the way through to your final goal.

"Almost all of the courses you would take as part of an Academy of Learning diploma or certificate program are available on an individual basis, and the great majority of them can be started at any time, thanks to the flexibility inherent in

the Integrated Learning System," says Brady Sylvester, admissions adviser for Academy of Learning.

"For example, if you wanted to learn Microsoft Excel, you could walk into any Academy of Learning campus and be started on your course within minutes."

Whether you are interested in courses in health care, business, IT, accounting, or even web design, there is something at Academy of Learning to help get you started.

"Most Academy of Learning programs start new students every week,"

says Sylvester.

"People who feel their options are limited to September start dates should understand that they can begin their career training right away, and they will have a head start on their competition."

The best part is, if you find a program you love, you can start your career training right away with the number of full-time diplomas available and be done in less than a year.

For more information about Academy of Learning, visit online at [academyoflearning.ab.ca](http://academyoflearning.ab.ca).

[www.digitalschool.ca](http://www.digitalschool.ca)

## YOUR CAD CAREER IN ONE YEAR!

Architectural CAD Technician

Engineering CAD Technician

Computer Aided Drafter

and More!

**Autodesk**  
Authorized Training Center  
Authorized Certification Center

Financial Assistance available to qualified applicants.



computer aided design training

**Call 780.414.0200**

#304, 10205-101 STREET  
EDMONTON CITY CENTRE

## MED SCHOOL IN 8 HEALTHY DOSES



**REGISTRATION  
NOW OPEN**

[www.echa.ualberta.ca](http://www.echa.ualberta.ca)



Ask us about  
our Virtual e-Training





# OPENING NEW DOORS

MACEWAN UNIVERSITY PHOTO

## MACEWAN UNIVERSITY TO OFFER THREE NEW CERTIFICATES THIS FALL

New school year, new course offerings at MacEwan University Business Continuing Education.

“We are very excited to be adding three new professional development certificates to our roster this fall,” says Janine Loewan, continuing education supervisor, MacEwan University Business Continuing

Education. “Whether someone is looking for a new job, or wanting to advance with their current employer, showing a commitment to lifelong learning may open new doors for them.”

Joining the course lineup will be the management essentials professional development certificate, administrative

excellence professional development certificate, and the Microsoft essentials professional development certificate. Each of these certificates is made up of one- or two-day courses, addressing a particular subject area or competency. The certificate courses can also be taken individually.

“All of our courses and certificates

provide students with practical, relevant information and tools that they can apply immediately in the workplace or their personal lives,” says Loewan.

“Our instructors are industry professionals and subject matter experts, and they use case studies, exercises and real-life examples to make the material interesting.”

The management essentials certificate is geared for people who are aspiring to a role in management or who want to ensure they have the skills and competencies required to succeed in a managerial position.

Loewan says, when taken together, the seven courses in the certificate will help students develop and enhance their ability achieve goals through relationship building, critical thinking, problem solving and managing projects.”

“We also wanted to provide an administrative excellence professional development certificate for office admin professionals who are looking for opportunities to strengthen their skills in certain areas, such as minute taking, business writing, or managing projects,” says Loewan.

Each of the five courses in the certificate provide practical, relevant tools that participants can apply immediately in their workplace or personal life.

For more, visit [macewan.ca/business/ce](http://macewan.ca/business/ce).

## BECOME AN INTERVIEW ARCHITECT AT NORQUEST COLLEGE

For job seekers, getting the right job can lead to professional and personal success. For organizations, hiring the wrong person can impact productivity and the bottom line.

NorQuest College’s new interview architect certification course helps human resource and recruiting professionals hire

the right person for the right job. Developed by Korn/Ferry International and powered by Lominger, the two-day certification course assists hiring managers in creating customized interview guidelines to precisely identify qualified candidates.

Preparation is key whether you are the interviewer or interviewee, says human

resource professional and independent Lominger associate Jane Copenrath.

“Interviewing success and accuracy research demonstrates that structured or formal interviews outperform unstructured or informal interviewing,” Copenrath says.

“Being prepared for interviews increases the possibility of finding suitable candidates and a successful outcome.”

Interview preparation includes knowing in advance what you will ask and what responses are likely to increase accurate predictions of candidates. Knowing exactly what competencies you are looking for also increases the chances of selecting the right candidate for the job.

Day 1 of the course focuses on a baseline understanding of behavioural competencies. Day 2 focuses on applying this understanding in the hiring process.

“Clearly defining what and who you are looking for enables you to better evaluate the results of an interview,” Copenrath says.

“The Lominger course helps assess job-related competencies required immediately and those needed as the hire continues to grow into their position and within the organization.”

She adds that a broad range of industries, ranging from mining to pharmaceutical companies, have benefited from the course.

“Human resource departments across Edmonton use Lominger materials in their operations,” says Michael Mason, business development manager at NorQuest College. “With Copenrath Management Consulting delivering the workshop at NorQuest, we’re eliminating the expenses associated with attending this workshop elsewhere in Canada or the U.S.”

Registrations for the two-day course (Sept. 24-25) are currently being accepted. For more, contact NorQuest Business Development at 780-644-6480, or [continuingeducation@norquest.ca](mailto:continuingeducation@norquest.ca).

For more information on NorQuest College, visit [norquest.ca](http://norquest.ca).



AIJ student Shenoar in Toronto, ON

### Learn. |

Life-long learning never ends. Whether you want to pick up a course just for interest’s sake or earn the degree you’ve always wanted, **Athabasca University’s** flexible, online options are ready when you are. [Learn more at explore.athabasca.ca](http://explore.athabasca.ca).



ISTOCKPHOTO/THINKSTOCK



ISTOCKPHOTO/THINKSTOCK

# UPGRADING EDUCATION PAYS OFF

Canada is a global leader in lifelong learning and that contributes to the success of the country and of individual Canadians.

Andrew Parkin, director general of the Council of Ministers of Education in Canada, says upgrading your education pays

off. “Consistently, we see that people with more education do better in the workforce. They have shorter periods of unemployment,

they are less likely to be unemployed and are more likely to earn more,” Parkin says. “It makes Canada an attractive place to invest because we have such a highly educated and highly skilled citizenry, and it makes our quality of life excellent as well.”

est proportions of 15 to 20 year olds who are out of school. That’s because many young people opt to leave school to work in places like Alberta’s oilpatch. “Some sectors are less hot than they were two or three years ago, but nonetheless there is still an ability for young adults in Canada to earn some good money,” he says. “Once they’re done that they’ll need to come back to school.”

By age 30, most Canadians have a high school diploma or more. “People go in and out of school, they go in and out of work, and the system has to be flexible enough to respond to those realities. People’s life experiences are more complicated than a straight line,” he says.

Ramona Jennex, Nova Scotia’s education minister and the chairwoman of CMEC, says lifelong learning must be open to everyone. “(We) recognize that Canada works best when all citizens have the knowledge and skills they need to succeed,” she says. “This means there can be no one left behind: Young people, adult workers, Aboriginal Canadians, new immigrants, and those with differing abilities — all must have access to quality educational opportunities to ensure their success.”

The 2008 global economic crisis reaffirmed that a post-secondary education can buffer you from the worst of financial storms. You are more likely to keep your job, or to find another. “It’s going to be easier for you to navigate through change,” Parkin says. “That contributes to an economic advantage not just for individuals, but for the country as a whole.”

— Jon Tattrie


**MAC**EWAN

## MacEwan University

WE HAVE A  
[PROGRAM]  
FOR THAT.

We know planning your future isn’t easy. Check out all your options – degrees, diplomas, certificates – then decide.

Get the university experience you want  
at MacEwan University.

Inspiring minds for  
**40**  
years

MacEwan University

MacEwan.ca/programs



# Taking the guesswork out of emergency room wait times

**Technology.** Hospitals across Canada are using tools to help patients make informed decisions about making the trip

**CELIA MILNE**  
life@metronews.ca

How long will I have to wait in the Emergency? The answer to that question may soon be at your fingertips.

One hospital in Ontario and several in Alberta now have websites that tell patients how long they'll wait for emergency care.

"Patients and families appreciate knowing in advance how long they'll have to wait to see a physician or nurse practitioner," says Don Shilton, president of St. Mary's General Hospital in Kitchener, the first Ontario hospital with the tool.

"This helps them plan their lives...whether to arrange child care or bring a book."

All hospitals across the country use a triage system to dictate which patients get seen first.

Those with a life-threatening illness or injury, such as a heart attack or major trauma from a car accident, will always get priority.

Those with less-urgent



Take the guess work out of wait times. GETTY IMAGES

## Quote

**"If people decide they don't want to wait, the tool also lists alternatives to the emergency department such as urgent care clinics."**

**Don Shilton**  
President of St. Mary's General Hospital

needs, such as tummy pain or an earache, will have to wait longer. The new tool tells you, with the click of a mouse, the average wait time for those with non-life-threatening problems.

"The time on the clock is updated every 20 minutes,"

says Shilton. "If people decide they don't want to wait, the tool also lists alternatives to the emergency department such as urgent care clinics."

He hopes other hospitals adopt the tool, so that patients can explore alternatives online.

The next step is developing a smart phone App that helps you find the closest emergency department, provide directions on how to get there and show how long you'll wait once you get there.

"I can see this being very

helpful if you were in a different city or part of the province," says Shilton.

Hospitals in Edmonton and Calgary are using a similar tool, according to Health-ydebate.ca, an online health care magazine based at St. Michael's Hospital in Toronto.

## Best Health

### No excuse to avoid getting outdoors



**BEST HEALTH MINUTE**  
Bonnie Munday  
Editor-in-chief  
Best Health Magazine

Have you passed up invitations to go car camping because you're afraid of roughing it? Best Health magazine is on a mission to convert you because the truth is, aside from the fact that spending time outdoors is proven to be

good for your health, camping these days is so much more comfortable than you may think.

#### Excuse #1.

"I can't sleep on the ground or in a bag." Don't sleep on the ground; buy an air mattress (a wide one). Place an open sleeping bag on top. Then, use your home bedding. It's super cozy.

#### Excuse #2.

"I can't stand the idea of using an outhouse." They are horrible, but it's tough these days to find a provincial park



Get back to nature. GETTY IMAGES

that doesn't have proper bathrooms.

#### Excuse #3.

"I don't want to eat dehydrated food and instant soup for days." Okay, so how about steak or chicken, baked

potatoes and fresh veggies? Yes, you can enjoy these in the great outdoors. I've put together a menu and recipe ideas at [besthealthmag.ca](http://besthealthmag.ca).

**TO CLAIM YOUR FREE ISSUE OF BEST HEALTH MAGAZINE, GOT TO [BESTHEALTHMAG.CA/METRONWS](http://BESTHEALTHMAG.CA/METRONWS)**

## Thoughts on...

### Being good enough

We often come into contact with the idea that our best isn't good enough, as if this were actually possible.

If you examine this notion, you will begin to see that it doesn't make much sense. Your best is always good enough, because it comes from you, and you are always good enough.

**NATASHA DERN IS THE HOST OF THE BUDDHA LOUNGE**

## On the Web



Is keeping life-threatening illness a secret doable in our share-all world?

3 LIFE

# Your fave Japanese appetizer finds its way into tasty salad

## Edamame Salad



This recipe serves four. LORELLA ZANETTI, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)



ROSE REISMAN  
for more, visit  
rosereisman.com

Edamame is all the rage today. These soy beans are a great source of protein, an excellent source of fibre and loaded with vitamins and minerals. You can eat them on their own or toss them into a salad.

1. Boil edamame beans just until bright green, approximately 3 minutes. Drain and rinse with cold water.

### Ingredients

#### Salad

- 3 cups frozen edamame beans
- 1 cup canned corn kernels, drained
- 1/2 diced water chestnuts
- 1/2 cup diced red bell pepper
- 1/4 cup chopped green onions
- 1/4 cup chopped cilantro

Place in serving bowl.

2. In non-stick skillet sprayed with vegetable oil, sauté corn just until browned, approximately 5 minutes. Add to edamame along with water chestnuts, bell pepper, green onions and cilantro.

3. For dressing: Mix soy sauce, rice vinegar, sesame oil, honey, garlic and ginger and pour over salad. Garnish with toasted sesame seeds.

ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

#### Dressing

- 2 tbsp soy sauce
- 1 1/2 tbsp rice vinegar
- 1 tbsp sesame oil
- 2 tsp honey
- 1 tsp crushed garlic
- 1/2 tsp minced ginger

#### Garnish

- 1 tsp toasted sesame seeds

## Health Solutions

### Best bet beans



NUTRI-BITES  
Theresa Albert, DHN, RNCPT  
myfriendinfood.com

Recent studies have shown that as little as 1/3 cup of beans can prevent or reduce peripheral artery disease (the first signs of heart disease). Well, if it's that easy...giddy up. Any pulse or dried bean will do but here are a few winners.

### Highest Protein Bean: Soybeans

Choose whole, organic, frozen edamame beans, steam and salt them. Serve them as a snack or appetizer.

### Highest Magnesium Beans: Adzuki Beans

This Japanese bean is worth searching for. It is delicious and ranks

highest in many nutrients. Find it in canned form in Asian or health food stores. If you can't find it, navy beans come close. Add them to pastas and soups.

### Easiest Bean: Lentil Hummus

Two tablespoons of this spread will do. Any hummus works but lentils are higher in fibre, folacin and iron. Baby carrots, anyone?

THERESA ALBERT IS AN AUTHOR, NUTRITIONIST AND HEALTH COMMUNICATOR IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM.



# Combine bold flavours of corn, crab & pickled shallots

## Ingredients

- 4 ears white sweet corn, husks removed
- Zest and juice of 1 lemon
- 1 tbsp Champagne vinegar
- 1 clove garlic, grated
- 5 tbsp olive oil
- 1/2 lb jumbo lump crabmeat
- Handful cherry tomatoes, halved
- 1 English cucumber, skin on, halved lengthwise and sliced into half-moons
- 1/4 cup pickled shallots (recipe follows)
- 1 avocado, peeled, pitted and diced
- Salt and black pepper

- Aleppo pepper
- Handful fresh basil leaves, torn into large pieces
- Leaves from 1 branch fresh tarragon, torn
- Pickled Shallots**
- 1 cup cider vinegar
- 1/2 cup water
- 2 tbsp sugar
- 1/2 each tbsp mustard seeds, black peppercorns, coriander seed, fennel seed, guindilla pepper
- 1 sprig fresh thyme
- 1/2 sprig fresh dill
- 1 clove garlic
- 3 shallots

1. Bring pot of salt water to a boil. Add the corn and blanch for 2 minutes. Remove the corn from the water and set aside until cool enough to handle.

2. Once corn can be handled, cut kernels off the cobs. To do this, stand each ear on its wide end and saw down the length of the cob with a serrated knife. Turn and repeat until all of the kernels are removed. Set aside.

3. In a large serving bowl, combine the lemon zest and juice, the vinegar and garlic. Mix well, then whisk in the olive oil. Fold in the corn kernels, crabmeat, tomatoes, cucumber, pickled shallots and avocado,

being careful as you mix so as not to mash the ingredients.

4. Season with salt, black pepper and Aleppo pepper, then garnish with basil and tarragon.

5. Pickled Shallots: To make the pickling liquid, in a medium saucepan over high heat, combine the vinegar, water, sugar, mustard seeds, peppercorns, coriander, fennel, guindilla pepper, thyme, dill and garlic. Bring to a boil, then reduce the heat and simmer for 20 minutes. You should have about 1 cup of liquid. Strain out and discard the solids. Use a mandoline to slice the shallots paper-thin. Add the shallots to



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

the pickling liquid and simmer for 2 minutes. Remove the pan from the heat and let steep for 10 minutes. Can be used im-

mediately or refrigerated, covered, up to a week. THE ASSOCIATED PRESS/ FROM SEAMUS MULLEN'S HERO FOOD (ANDREWS MCMEEL, 2012)



MORE TIME MORE CHOICE

MORE FREEDOM

CDLhomes.com

## Single, Girl?

- ❖ Tired of the daily grind?
- ❖ Want to enjoy & experience life?

Young, successful businessman seeks a charming girl for companionship. Will take care of you, support you and help you realize your dreams.

Please leave a detailed message:

(780) 628 5844

Must Be: 19+, single non-smoker, slim or athletic build  
Interests: Dining/Wine, Movies/Theatre, Sports (golf, tennis, skiing), Activities (hiking, biking, camping) & Adventure Travel





Most men like fire. Because of that, most like barbecuing as well. ISTOCK

# The battles of the grill

**Dialogue.** Excerpt from *Shut Up and Eat!* takes humorous look at a conversation that many couples could have this summer

KATHY BUCKWORTH  
life@metronews.ca

One of the great things about barbecuing is that it is normally relatively easy to suck the man of the house into actually cooking. Something to do with an open flame and the inherent explosive danger proves irresistible to these gullible fellows.

Of course, the big downside is because they have spent a good 20 minutes searing a steak, they expect to get the credit for the entire meal, which, by the way, consists of salad, potatoes, fruit and dessert, all of which has taken you about two hours to complete.

Personally, I try to find additional things for my husband to do while in the backyard manning the grill — in-

cluding garbage clean up, putting the hose away, backwashing the pool, installing some fencing.... Be creative and see how far it takes you.

Also, be prepared for the following conversation:

**Him:** OK, honey, so I'll take care of dinner tonight. I picked up some steaks.

**Me:** Great. So what are we having with them?

**Him:** Potatoes and corn.

**Me:** You have that?

**Him:** We always have potatoes and corn in the house. (Sadly, we do.)

**Me:** OK, whatever.

**Him:** Right then, I'm starting up the barbecue.

**Me:** Yeah, listen, I only need about an hour to get the other stuff ready. You might want to wait.

**Him:** (Gone outside.)

**Me:** %^&\*"ng idiot.

**Him:** I'm ready for those



the potato peeler to whittle a stick last week. Oh, yeah. The corn is still hard and we've only found four forks.

**Him:** (Gone. The sound of a beer cap twisting can be heard from the deck.)

**Me:** ^&\$^#"ng idiot. Ouch. Crap. Damn.

**Him:** And we're ready. Kids, dinner!

**Me:** What the hell are you doing? The potatoes are half raw, the water for the corn hasn't boiled yet and I'm still on hold with Telehealth to see about this red line that's travelling up my arm from the cut on my finger.

**Him:** Mmmmmmm. Now that's a steak. Your Dad knows how to cook, eh guys?

EXCERPTED FROM KATHY BUCKWORTH'S *SHUT UP AND EAT! TALES OF CHICKEN, CHILDREN & CHARDONNAY*, KEY PORTER BOOKS, 2010, AVAILABLE IN PAPERBACK OR KOBO. VISIT KATHY BUCKWORTH.COM; FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH. KATHY'S NEW BOOK, *I AM SO THE BOSS OF YOU WILL BE RELEASED BY RANDOM HOUSE IN SPRING, 2013.*

## Rude surprise: French fed up with their own incivility

It's a July evening on the terrace of the legendary Cafe Flore. A coiffed woman sips chilled wine, another savours her chocolate eclair.

The one thing to complete a perfect picture of Parisian life? A dash of French rudeness. It comes from the waiter, who snootily turns away a group of tourists: "There's no point waiting," he shrugs, even though there are many empty tables. "No space outside."

Such rituals of rudeness have long been accepted by visitors as part of the price of enjoying such a beautiful city as Paris. But it seems the French themselves, who over centuries have turned rudeness into an art form, have become fed up with their own incivility, according to recent polls and publicity campaigns.

There's a fabled history of French rudeness from Napoleon, who called the English a "nation of shopkeepers," to former President Nicolas Sarkozy, who infamously snarled at a voter: "Get lost, poor jerk."

Now, bad manners and aggressive behaviour top the list of causes of stress for the French, even higher than



Polling trends show that impoliteness is now topping lists on causes of stress for the French. THIBAUT CAMUS/THE ASSOCIATED PRESS

unemployment or the debt crisis, says pollster IPSOS.

A total of 60 per cent cited rudeness as their number one source of stress in a survey last year on social trends.

"We're so rude," admits 34-year-old French teacher Stephane Gomez, as he

comes out of a Paris metro station. "France lacks the civic sense that you find in Anglo-Saxon countries."

"It's so easy to be polite, but we don't do it," says 30-year-old Zahia Sebah. "I never see someone give up their seat for an elderly person." THE ASSOCIATED PRESS

## CITY PRINT DISTRIBUTION INC.

### DISTRIBUTORS OF METRO EDMONTON Distribution Drivers Needed in Edmonton & St. Albert Area

Applications are now being accepted for a distribution driver. If you are experienced, dependable, with references and have a Cargo Van, the following position may be for you:

#### Promoter and Vending Box Distribution:

- Monday – Friday only: 2:00am – 6:00am (all weekends and holidays off)
- No Home Delivery-No Collections-No Sales Calls
- Regular payment every two weeks.
- Long Term Contract for proven, dedicated service performance.

Highest competitive rates paid in the industry. For more detailed information on our next growth opportunity and to have your name placed on our active application file, please email Winfield Wong to-day at: [winfieldw@telus.net](mailto:winfieldw@telus.net) or call 780-951-1751.

**FIRST COME • FIRST SERVED • DON'T DELAY CALL TODAY!**





It's called asset allocation. Divide your money between stocks, bonds and cash. ISTOCK IMAGES

# 100% invested in the stock market? Spread some of that cash out

**Alison's money rule.** Timing the stock exchange to perfection is probably as difficult as winning the lottery



**YOUR MONEY**  
Alison Griffiths  
money@metronews.ca

A couple of days ago I got the kind of email I hate the most. If it had been snail mail I would have seen tear drops on the paper.

It was from a distraught woman in her mid-40s who was taking a beating in the stock market. Her portfolio had been 100 per cent invested in stocks (through mutual funds) and she flip-flopped back and forth between the US and Canadian market — losing both ways.

Now she's pulled all her

money out of the market, paid deferred sales charge fees on her mutual funds, and is sitting on the sidelines waiting for the right moment to get back in. Essentially she is doubling down on a bad bet and she's almost certain to lose again.

I'd have no quarrel if she can't stomach the turmoil of the stock market. But if so she should put her money in GICs or a savings account. She won't make much money but she won't lose any either.

The simple fact is that the average investor cannot time the market and very few professionals can manage the trick either.

So what can you do? It's called asset allocation.

The task is to divide your money among equities (stocks), bonds and cash. Historically the equities provide growth over time. Bonds provide ballast because they churn out interest when the stock market goes down. Cash is for emergencies and it also will provide

## In numbers

### 9 per cent

The average annual return of investment grade corporate bonds over 20 years with interest re-invested.

some interest income.

A sample asset allocation might be 50 per cent equities, 40 per cent bonds and 10 per cent cash. The equities could be divided 25 per cent U.S. and 75 per cent Canada. Pick an allocation that works for you, your risk tolerance and your situation.

The next step is critical. Use new contributions or dividend and interest income to maintain your allocation. This is called rebalancing and it's the key to lowering risk and increasing return.

Unless you have an accurate crystal ball, correctly timing the stock market is less likely than winning the lottery.

# How to save \$120K by brown-bagging it



**FUN AND FRUGAL**  
Lesley Scorgie  
money@metronews.ca

Ever wonder what buying your lunch each workday actually costs you over the course of your working career?

According to VISA Canada's July 2012 lunch survey, the average Canadian will spend just less than \$9 on their lunch when eating out. When \$9 per workday is compounded at the rate of inflation, 3.5 per cent, for 40 years, it adds up to a whopping \$180,000!

A brown bag alternative, costs up to \$3 per day or \$60,000 throughout a person's working career when the same calculation is applied. Not only is a brown bag lunch frugal, it's often healthier than purchasing fast foods or lunches that contain unhealthy ingredients.

Simply making lunch at home rather than buying it could save the average Canadian nearly \$120,000.

Imagine what you could do with that kind of dough! Pay off your mortgage, save for your retirement, sail around the world for three years or send your children to top Canadian universities.

If you're concerned about being a social outcast at work because you're

brown bagging it, park that thought.

Encourage your colleagues to pack their lunches by telling them how much they can save too.

Turn it into a game — track each other's progress by throwing the 'would be' lunch money into personalized savings jars that can be deposited into an investment plan once per week. Whoever saves the most wins a free picnic pot luck lunch, hosted by the colleagues that lost the game.

Don't bail on the brown bag alternative even if you're not Chef Gordon Ramsay.

Take 5 minutes on Sunday night to plan out your lunches and then head to your local grocery store. Purchase

## More Fun and Frugal

Follow Lesley on Twitter @LesleyScorgie



only what you'll need for the week and ensure you've bought a variety of foods from all the food groups — fruits, veggies, breads, meats, and dairy. Stick with healthy foods that will give you plenty of energy for your busy workday.

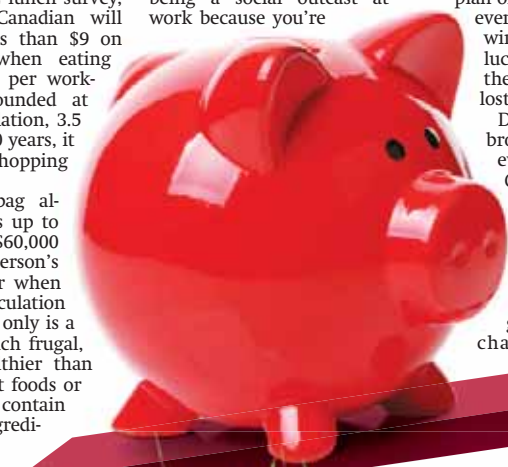
Save big bucks by using coupons at the grocery store, buying locally grown foods and produce that is in season. If you're not great at making salads or sandwiches, cook a bit extra at dinner and take leftovers for lunch.

Rather than unnecessarily ingesting \$120,000, put it towards something you're dreaming



If you're worried about being a social outcast, encourage your colleagues to pack their lunches too. ISTOCK IMAGES

about — a financial goal that builds your bottom line.







Only 35 per cent of Germans even have a credit card. ISTOCK IMAGES

## Germany's cash culture shows aversion to debt

**Tough bailout stance.** Paying cash ensures you don't spend more than you have

Head to the checkout at an Ikea store in Stockholm to pay for your new leather corner sofa and with the swipe of a Visa card it's yours. Don't try that in Berlin — that'll be 1,699 euros (\$2,107 Cdn) up front, please.

It's that financial culture — a deep-seated aversion to debt and an emphasis on responsibility — that makes Chancellor Angela Merkel's hardline approach to solving the European financial crisis so popular in Germany. The attitude shows up in all walks of life, from the daily trip to the store to buying a house.

The economy is so reliant on cash for transactions small and big, a way to ensure you don't spend more than you have, that Germany pushed hard for the 500-euro note to replace its popular 1,000-mark bill when it joined the common currency.

It's one of the largest denomination notes being produced anywhere today, worth around \$620, and is even known in neighbouring France as "the German note." While even dis-

count supermarkets in Germany happily take the big euro bill, very few shops in France will accept it.

Even though Germany is Europe's largest economy and one of its richest per head, it is last in home ownership with just over 40 per cent. That compares to some 80 per cent in troubled European Union countries like Greece, Italy and Spain, and around 70 per cent in Britain and the United States, where owning your own home is part of the "American Dream."

Germans tend to be instinctively averse to taking out a mortgage. And lenders often demand a 20 per cent down payment on a house or substantial collateral. So a culture has sprung up of just renting and holding on to cash.

The German aversion to debt also translates to credit card use — or non-use. Only 36 per cent of Germans

over the age of 15 even possess a card, compared with 62 per cent in the U.S., according to World Bank figures. And even when Germans do have a card, the limit is usually tied to a customer's bank balance and the bill is automatically paid off from the customer's account.

"If I pay with my Visa, then Visa takes it from my account — I don't get any real benefits," said Rainer Hoedt, a Berlin high school teacher.

THE ASSOCIATED PRESS



# Owning a home shouldn't come at the expense of saving.

**Life adds up.**  
Your finances should too.

## CIBC Wealth Builder Mortgage™

**GREAT LOW RATE**

In addition to a great low rate on a 5-year mortgage, you'll also benefit from flexible payment options to help you manage your cash flow.

**EARN \$6,000 IN SAVINGS\***

Get \$4,000 cash back up-front as well as \$2,000 cash back over the term of your mortgage!

*On a \$400,000 mortgage. Conditions apply. Ask for details.*

Visit any branch, go to [cibc.com/buildthousands](http://cibc.com/buildthousands) or call 1 800 465-CIBC (2422).



**FOR WHAT MATTERS.**

\*Wealth Builder Mortgage is an option available only on 5-year fixed-rate and Variable Flex closed mortgages of \$75,000 or more. Mandatory CIBC deposit account for mortgage payments and deposit of cash back. Up front cash back amount is repayable if mortgage is discharged, transferred or renewed before maturity date. Other conditions apply. For details, visit [cibc.com/buildthousands](http://cibc.com/buildthousands). "Life adds up. Your finances should too." and Design and CIBC Wealth Builder Mortgage are TMs of CIBC. "CIBC For what matters." is a trademark of CIBC.



Cam Newton celebrates a touchdown against the Tampa Bay Buccaneers on Dec. 24, 2011 in Charlotte, N.C. STREETER LECKA/GETTY IMAGES FILE

# Cam Newton at ease as NFL 'mega-superstar'

**NFL.** In just 15 months, Panthers quarterback has become national celebrity unlike any other for the team

Cam Newton is everywhere these days.

If he's not flying through your television set on "Cam's Night Out" hawking Under Armour gear or sucking down Gatorade and "Winning the Fifth Quarter," chances are you've seen the 23-year-old quarterback featured prominently by the NFL in advertisements for its upcoming preseason games.

And, if not for Calvin Johnson, he'd be on the cover of Madden NFL 13, too.

Charismatic, built like a

## Quoted

"I'm just working on being great. Everybody wants to win the Super Bowl, but let's worry about today. Tomorrow is not promised." Cam Newton

Greek god and, above all, incredibly talented, Newton has taken the country by storm since being drafted No. 1 overall last year. As Panthers teammate Jon Beason said, Newton has become "a mega-superstar."

Newton has grabbed the national spotlight after a record-setting season in which he combined for 35 touchdowns and became the first rookie to throw for more than 4,000 yards.

"We haven't had a guy who gets this much attention — ever," said offensive tackle

Jordan Gross, now in his 10th season with the Panthers.

Newton walked onto Wofford College's Gibbs Stadium Sunday night for the first training camp practice before a fired-up crowd of 12,871. Fans wearing his No. 1 jersey were everywhere.

It was the largest crowd ever assembled for a single practice in the 18 summers the Panthers have spent in Spartanburg, according to team spokesman Charlie Dayton.

Call it the Cam factor. And Newton, who has a flare for showmanship, didn't

shy away from attention.

He raced up the field for a 25-yard gain on a play-action fake, veered out of bounds and ran along the inside wall of the stadium pumping his left fist at fans.

Of course, with fame come potential pitfalls.

Newton's coach, Ron Rivera, is aware of that.

That's one of the reasons he pulled Newton aside in February for a private talk, making sure he kept his priorities straight in the off-season.

"The biggest thing he understands is that once we're in the season, it's time to work. And his focus and attention is about what we do. And it is. So I have no problem," Riviera said.

Of the season ahead, Riviera said, "As Cam goes, we go."

THE ASSOCIATED PRESS

## MLB. Adam Lind goes on DL with back strain



Adam Lind GETTY IMAGES FILE

The Toronto Blue Jays placed first baseman/designated hitter Adam Lind on the 15-day disabled list Monday with a mid-back strain.

The move is retroactive to last Thursday.

Lind, 29, has appeared in 24 games for the Blue Jays since being recalled

from triple-A Las Vegas last month, posting a .288 average with five home runs and 16 RBIs.

In 58 games overall, the Muncie, Ind., native is batting .227 with eight home runs and 27 RBIs.

The Jays have recalled first baseman David Cooper from Las Vegas for the

second time this season.

In 24 games with Toronto this season, Cooper, 24, from Stockton, Calif., is batting .292 with two home runs and six RBIs.

In Las Vegas, Cooper is batting .314 with 10 home runs, 52 RBI and a team leading 27 doubles.

THE CANADIAN PRESS

## Horse racing

### Strait of Dover done for year

Strait of Dover's season is over.

The Queen's Plate winner has been shut down for the remainder of the 2012 thoroughbred campaign with a ligament ailment.

Trainer Dan Vella figures the prized three-year-old was injured just over a week ago during a training session in preparation for the \$500,000 Breeders' Stakes, slated for Sunday at Woodbine Racetrack in Toronto.

Strait of Dover was generally regarded as the horse to beat in the Breeders' Stakes, the 1.5-mile turf event and final jewel of Canadian racing's Triple Crown. THE CANADIAN PRESS

## Golf

### Vegas on a roll at Glen Arbour

Calgary's Stephen Ames promised to be a gracious host before launching his opening drive at the Telus World Skins Game.

Jhonattan Vegas made himself right at home, grabbing five skins and \$85,000 over Monday's front nine at Glen Arbour Golf Course.

The 27-year-old defending champion from Venezuela rolled to the first day lead, followed by Ames, England's Paul Casey and 2009 U.S. Open winner Lucas Glover with one skin each for \$15,000.

THE CANADIAN PRESS



Jhonattan Vegas THE CANADIAN PRESS

## NBA

### Raptors re-sign Alan Anderson

The Toronto Raptors re-signed free-agent forward Alan Anderson on Monday.

Anderson was signed to a 10-day contract on March 26, then for the rest of the season April 16, averaging 9.6 points, two rebounds and 27.1 minutes in 17 games.

The six-foot-six, 220-pounder had a season-best 20 points April 26 versus New Jersey.

He averaged 6.7 points, 1.9 rebounds and 18.3 minutes in 70 appearances with Charlotte and Toronto. THE CANADIAN PRESS

## Mobile sports



Brett Favre's post-NFL career is underway and it's decidedly low key compared to what the former star quarterback is used to. In his first season as offensive co-ordinator at 1,500-student Oak Grove High School in Mississippi, Favre says the team's "biggest learning curve as a team might be my learning curve." Scan the code for the story.



# Canadians sidestep Round 1 obstacles

**Tennis.** Ontario's Raonic and Quebec's Wozniak dominate opening matches in London

It didn't take long for Canada's Milos Raonic to show his opponent what to expect in their first-round men's singles match at the London Games.

Raonic opened the match by firing an ace that hit the back fence in a heartbeat and left Tatsuma Ito completely flat-footed. The Japanese player never found an answer for the Canadian's booming serve, with Raonic posting a comfortable 6-3, 6-4 victory at the All England Club.

"I'm fortunate enough to play with a big enough game that most of my results are going to depend on me," Raonic said. "I feel like if I step it up, I will have an opportunity to win."

Raonic used ground strokes and mixed in some deft cut shots to prevent Ito from finding his rhythm. The Thornhill, Ont., native picked up an early break for a 3-1 lead and was never threatened the rest of the way.

"It was a perfect match to get into the tournament," said Canadian coach Martin Laurendeau. "He could work on his game and his patterns and make sure everything is nice and clean and he was able to do that convincingly."

Aleksandra Wozniak of Blainville, Que., also posted a straight-set victory in her opening women's singles match.



Milos Raonic serves at Wimbledon on Monday. RYAN REMIOWZ/THE CANADIAN PRESS

## Competition rising

The draw gets a lot tougher now for the No. 25-ranked Raonic, with a second-round match against world No. 6 Jo-Wilfried Tsonga of France on tap for Tuesday.

- Wozniak also faces a huge challenge in Round 2 where she will meet Venus Williams.

She defeated Marina Erakovic of New Zealand 6-2, 6-1.

"It's my first Olympics and it's so different than any Grand

Slam or any WTA tournament," Wozniak said. "Tennis is such an individual sport, but (here) it's like you play for your own country. So the first victory for sure, it's for Canada."

Toronto's Daniel Nestor and Vancouver's Vasek Pospisil won their opening men's doubles match later Monday. They beat Horia Tecau and Adrian Ungur of Romania 6-3, 7-6 (9).

"I'm playing with one of the best doubles players in the world," Pospisil said. "We get fired up and we play some of our best tennis."

THE CANADIAN PRESS



Aleksandra Wozniak returns a shot at Wimbledon Monday. RYAN REMIOWZ/THE CANADIAN PRESS

## Social media. Sprinting legend Bailey lets Olympic spirit shine on Twitter

Donovan Bailey might be 16 years removed from Olympic glory, but that doesn't mean the former sprinter isn't paying attention to the next generation of Canadian athletes.

The double gold medallist at the Atlanta Olympics sent out a message on his Twitter feed Monday to Canada's competitors at the London Games.

"Don't let small minds convince you that your dreams are too big! Go Canada let's dominate!" tweeted Bailey, who set a then-world record time of 9.84 seconds

in the men's 100-metre final in Atlanta.

Bailey, who was also part of Canada's gold-medal winning 4x100-metre men's team in 1996, added some encouraging words for tennis player Milos Raonic before his first-round match at the Games.

"Good luck to @milosraonic today in his first match at the Olympics!" Bailey wrote, before later congratulating the No. 25-ranked player in the world on his straight-sets win.

THE CANADIAN PRESS



Donovan Bailey celebrates winning the 100-metre sprint gold medal at the 1996 Atlanta Games. LUTZ BONGARTS/BONGARTS/GETTY IMAGES FILE

## Beach volleyball

### Canadian men fall to Norway

The Canadian men's beach volleyball team of Josh Binstock from Richmond Hill, Ont., and Martin Reader of Comox Valley, B.C., lost to Norway to fall to 1-1.

THE CANADIAN PRESS

## Rowing

### Men's 8 bounce back to make final

The Canadian men's rowing eight bounced back from a poor heat to finish second in its repechage and advance to the final. The men's four moved on to the semifinal.

THE CANADIAN PRESS



**Southgate Volkswagen 2012 Clearance Sale!!**  
Save Up To \$6000 On Select Models!!!



**Southgate Volkswagen Is Proud To Welcome Back Phan Nguyen!**

Phan Welcomes All New and Existing Customers To Southgate Volkswagen!

Email [pnguyen@southgatevw.ca](mailto:pnguyen@southgatevw.ca) or Phone 780-438-8888



2012  
**TIGUAN**



2012  
**BETLE**



2012  
**PASSAT**



2012  
**TOUAREG**



2012  
**JETTA**



2012  
**GOLF**

NOW OPEN  
SUNDAY  
11 TO 4

Sale Hours: Mon to Thurs 8 - 8; Fri & Sat 8 - 6; Sunday 11 - 4

1223 101 Street SW • 780.438.8888 • [www.southgatevw.ca](http://www.southgatevw.ca)



# OUR LOWEST PRICES. PERIOD.



0% Purchase  
Financing Up To  
84 Months

**GM DEALERSHIP**  
Buick • Cadillac • Chevrolet • Corvette

Northern Alberta's  
Only Full Line

SHOP OUR FULL GM  
LINE IN 1 LOCATION

**www.donwheaton.com**

## NEW CHEV CRUZE

#N0259, 6 spd transmission, pwr, pl, pm, remote keyless entry, tilt, 1.8L DOHC, 16" wheels, AM/FM/CD/MP3 player, oil pan heater, OnStar turn-by-turn nav, well equipped & much more.



PRICED FROM **\$16,498**  
or **\$99 b/w**

## NEW GMC TERRAIN/CHEV EQUINOX

#N0061, AWD, 6spd auto, 2.4l dohc, remote keyless entry, air, tilt, P/W, PL, cruise, aluminum wheels, OnStar, turn-by-turn nav, traction control, ABS, AM/FM/CD/MP3 player and much more.



PRICED FROM **\$28,498**  
or **\$159 b/w**

## NEW GMC SIERRA/CHEV SILVERADO CREW CAB

#N0662, V8, auto, alt, tilt, cruise, P/W, PDL, 40/20/40 bench seat, Bluetooth, OnStar Turn-by-Turn Nav, HD trailer tow pkg, StabiliTrak, ABS, DIC, remote keyless entry, CD/MP3 and much more



PRICED FROM **\$28,988**  
or **\$165 b/w**

## NEW CHEV AVALANCHE

#N0490, 5.3 L V8 6 spd auto, 40/20/40 bench seat, running boards, trailer brake control, air, tilt, cruise, P/W, PDL, aluminum wheels, OnStar Turn-by-Turn Nav, CD/MP3/Sirius XM Radio, HD trailer towing pkg, ABS, StabiliTrak, remote vehicle start and keyless entry, locking rear diff, DIC and more



PRICED FROM **\$35,498**  
or **\$199 b/w**

## NEW CHEV CAMARO SS

#M1288, heated leather seats, sunroof, spoiler, 400hp 6.2L, Tapshift, remote starter, 6spd auto, 20" polished wheels, rear park assist, OnStar turn-by-turn navigation, Bluetooth, Boston Acoustics 245 watt speakers, HUD, am/fm/cd mp3, XM radio, RS package, HID lights, pwr/pls, air/tilt/cruise and so much more.



PRICED FROM **\$39,998**  
or **\$269 b/w**

## NEW SIERRA/SILVERADO 3500 CREW CAB LT 4X4

#M1036, air/tilt/cruise, pwr/pl, remote starter, auto climate control, 6.0 V8, 6spd auto, trailer brake controller, skid plate pkg, power seat, Bluetooth, tailgate pkg, running boards, ONSTAR turn by turn navigation, steering wheel controls and much more.



PRICED FROM **\$42,998**  
or **\$293 b/w**

# PRE-OWNED SPECIALS!!



**2004 BUICK RENDEZVOUS ULTRA**  
#N0498A,  
AWD, Leather.  
**SALE PRICE**  
**\$12,950**



**2011 CHEV IMPALA**  
#17608A,  
Power Seat, 40K.  
**SALE PRICE**  
**\$13,950**



**2010 F150 HARLEY DAVIDSON**  
#N0503B,  
Navigation,  
Sunroof.  
**SALE PRICE**  
**\$38,950**



Visit our  
**Showroom Today!**

107 Street & 82 Ave  
Mon. - Thurs. 8:30am-9pm.  
Fri. 9-6, Sat. 9-6

**780.439.0071**

All prices quoted include cash incentives & GM Loyalty value. Subject to qualifying. Payments quoted are bi-weekly for 84 months with 10% down at 5.99% a.c. Ex: New Chevrolet SS at \$28,988 or \$289/bw CD \$150/451.11. See dealer for complete details. Vehicles may not be exactly as shown.

metro

28

metronews.ca  
Tuesday, July 31, 2012

# Canadian women finish strong against Britain for first win

**Basketball.** Unlike their late collapse in loss to Russia, Canucks go on 16-4 run to conclude match

Shona Thorburn scored 18 points to lead Canada to a 73-65 victory over Britain in the women's Olympic basketball tournament on Monday.

Britain has now lost both games in its first Olympics since 1948.

Courtney Pilypaitis and Kim Smith added 11 points each for Canada (1-1), which closed out strong after blow-



Tamara Tatham, left, of Canada looks for a handle on the ball against Britain's Temi Fagbenle.  
ERIC GAY/THE ASSOCIATED PRESS

each for Britain, which led 61-57 late in the fourth quarter. But Thorburn drove to the basket to tie the game at 61-61 with four minutes left as Canada finished the game on a 16-4 run. Thorburn hit a three-pointer to the burst to put Canada ahead 66-61. She also scored the last three points of the game, all free throws.

Canada got off to a good start defensively in the game, forcing seven turnovers in the first quarter. Thorburn hit a three-pointer at the buzzer to give Canada a 19-15 lead after the first quarter.

Canada went into the half with a 36-32 lead after a back-and-forth second quarter.

After a sloppy third quarter from both teams, Britain went on an early run to take the 61-57 lead with 6:10 left in the game.

Unlike the loss to Russia, Canada was able to battle back and dig themselves out with a late run.

THE ASSOCIATED PRESS

## Quoted

"It wasn't pretty basketball, but we pulled out the win and that's what's important."

Canada's Shona Thorburn

ing a 10-point lead late in its opening loss to Russia.

"I felt a lot of things weren't going our way, it wasn't pretty basketball, but we pulled out the win and that's what's important," Thorburn said.

Natalie Stafford and Johannah Leedham had 15 points



## Chinese rise above in team competition

Chinese gymnast Feng Zhe performs on the parallel bars during the gymnastic men's team final. The Chinese won their second straight Olympic team title and third in four Games on Monday. Their score of 275.997 points was more than four points better than Japan. Britain initially was announced as the silver medallist, but Japan appealed the score of three-time world champion Kohei Uchimura on pommel horse. The judges changed his score from 13.466 to 14.166 — enough to move Japan from fourth to second with a total of 271.952. Britain was bumped down to bronze, while Ukraine dropped to fourth. MATT DUNHAM/THE ASSOCIATED PRESS



# Agnel stealing spotlight in pool

**Swimming.** Big Frenchman cruises to second gold medal in 200-metre free event

Yannick Agnel is turning into a giant-beater. Actually, he is a giant.

At six-foot-five, the Frenchman has used his extra-long frame to dominate on consecutive nights in the Olympic pool.

First came his come-from-behind anchor leg to push ahead of Ryan Lochte and the Americans in the 4x100 free-style relay on Sunday. Then on Monday, Agnel routed a stellar field by nearly two seconds to win the 200 free individual event.

Agnel led from start to finish and clocked one minute,



Yannick Agnel with his gold medal on Monday. THE ASSOCIATED PRESS

43.14 seconds for the best time ever in a textile suit, a whopping 0.72 ahead of Michael Phelps' 2007 mark.

Defending silver medallist Park Tae-hwan of South Korea and 400 free champion Sun

Yang of China shared silver in 1:44.93, while world champion Lochte finished fourth and world-record holder Paul Biedermann of Germany was fifth.

With so many standouts, and despite Phelps' decision not to enter, the event was dubbed the "Race of the Century."

"I had to look twice at the scoreboard to be sure it was the right time. I had a race plan in my head, but this is above my expectations and hopes," Agnel said. "I worked on keeping my speed and putting all my guts into the last 50. I don't know what to say — it worked."

Camille Muffat gave France another gold in the women's 400 free on Sunday and France stands second to the United States in the swimming medals table. THE ASSOCIATED PRESS

## Tuesday's must-see 3



### Women's team gymnastics

The Canadian women's team will compete in Tuesday's team final, with Brittany Rogers of Coquitlam, B.C., and Elisabeth Black of Halifax, pictured, earning berths in the vault final.

Time: 9:30 a.m.

Channel: CIV

### Women's soccer

The Canadians face a tough test against Sweden, bronze medalists at last summer's World Cup. A win ensures the Canadians a spot in the quarter-finals.

Time: 7:30 a.m.

Channel: Sportsnet



### Women's weightlifting

Christine Girard will try to improve on her fourth-place finish at the 2008 Beijing Games in the women's 63-kilogram event. Girard won gold in the event at the 2011 Pan Am Games.

Time: 8:30 a.m.

Channel: TSN

THE CANADIAN PRESS

### Cycling

### Time trial champ to defend gold

Swiss rider Fabian Cancellara plans to defend his time trial gold medal Wednesday after a nasty crash late in the road race put his Olympic future in question.

The four-time world champion was in the lead group Saturday when he misjudged a late turn and crashed into a barrier. He

finished the race but was holding up his right arm afterward, and said on Twitter that he had X-rays taken at a clinic in the athletes' village.

"I feel better with every hour passing," Cancellara said Monday from his team hotel. "I have to be positive, otherwise I would have been home already. I'm a hard man."

Cancellara then trained for the first time since his crash and spent about two hours on his time trial

bike. The Swiss team said in a statement he is still experiencing pain in his right shoulder, adding that a decision on his participation in the race against the clock will be made Wednesday morning at the latest.

Cancellara broke his right collarbone in the Tour of Flanders earlier this year, causing him to miss two months or racing, and thought he may have done so again.

THE ASSOCIATED PRESS

### Day 3 results

### MEDAL STANDINGS

After 38 of 302 total medal events

Nation	G	S	B	Tot
China	9	5	3	17
United States	5	7	5	17
France	3	1	3	7
North Korea	3	0	1	4
Italy	2	4	2	8
South Korea	2	2	2	6
Russia	2	0	3	5
Kazakhstan	2	0	0	2
Japan	1	4	6	11
Australia	1	2	1	4
Romania	1	2	0	3
Brazil	1	1	1	3
Hungary	1	1	1	3
Netherlands	1	1	0	2
Ukraine	1	0	2	3
Georgia	1	0	0	1
Lithuania	1	0	0	1
South Africa	1	0	0	1
Colombia	0	2	0	2
Britain	0	1	2	3
Cuba	0	1	0	1
Germany	0	1	0	1
Mexico	0	1	0	1
Poland	0	1	0	1
Taiwan	0	1	0	1
Thailand	0	1	0	1
Azerbaijan	0	0	1	1
Belgium	0	0	1	1
Canada	0	0	1	1
India	0	0	1	1

### WHAT CANADA DID

Monday at the 2012 London Olympics

### ARCHERY

Men's individual 70-metre — Crispin Duenas, Toronto, was eliminated after losing in the first round to Ahmed El-Nemr of Egypt, 6-2.

### BADMINTON

Women's singles — Michele Li, Toronto, lost her opening-round match to Wang Yihan of China, 21-8, 21-16, and will not advance.

### BASKETBALL

Women — Shona Thorburn, Hamilton, scored 18 points as Canada (1-1) downed Britain, 73-65.

### BEACH VOLLEYBALL

Men — Joshua Binstock of Richmond Hill, Ont., and Martin Reader, Comox Valley, B.C., lost their round-robin match to Martin Spinnangr and Tarjei Viken Skarland of Norway, 21-14, 21-18.

### EQUESTRIAN

Individual eventing — Jessica Phoenix, Canington, Ont., is ranked 28th overall following the cross-country event with 57.20 points;

Michelle Mueller, Port Perry, Ont., is 58th (120.20); Peter Barry, Dunham, Que.; Rebecca Howard, Salmon Arm, B.C.; and Hawley Bennett-Awad of Murrayville, B.C. — who was taken to hospital after a fall — were not ranked due to incompleteness of course.

Team eventing — Canada stands in 12th place after the jump qualifier with 1,177.40 points.

### FENCING

Women's individual epee — Sherraine Schalm, Brooks, Alta., was eliminated after losing in the opening round to Shin A Lam of South Korea, 15-12.

JUDOMen's 73 kg class — Nicholas Tritton, Perth, Ont., lost in the opening round to Navruz Jurakobilov of Uzbekistan, by Yuko (non-combativity).

Women's 57 kg — Joliane Melancon, Blainville, Que., was defeated by Sabrina Filzmoser, Austria, by Uskiro-kesu-gatame.

### ROWING

Men's fours — Canada (William Dean, Kelowna, B.C.; Anthony Jacob, Victoria; Derek O'Farrell, Montreal; and Michael Wilkinson, North Vancouver, B.C.) advanced to the semifinals after placing third in their qualifying race in five minutes 50.78 seconds.

Men's eights — Canada (Gabe Bergen, 100 Mile House, B.C.; Jeremiah Brown, Cobourg, Ont.; Andrew Byrnes, Toronto; Will Crothers, Kingston, Ont.; Douglas Csima, Oakville, Ont.; Robert Gibson, Kingston, Ont.; Malcolm Howard, Victoria; Conlin McCabe, Brockville, Ont.; Brian Price, Belleville, Ont.) were second in their repechage heat (5:27.41) and earn a berth in the finals.

### SAILING

Men's 49er — Hunter Lowden, West Vancouver, B.C., and Gordon Cook, Toronto, are in ninth place following two races with a score of 19.

Men's finn — Greg Douglas, Toronto, stands in 17th place after four races (66).

Men's laser — 18. David Wright, Toronto, ranks 18th after two races (33).

Men's star — Canada (Richard Clarke, Salt Spring Island, B.C.; and Tyler Bjorn, Beaconsfield, Que.) are in 12th place after four races (40).

Women's laser radial — Danielle Dube of Glen Haven, N.S., stands 23rd overall after two runs (43).

### SHOOTING

Men's 10-metre air rifle — Cory Niefer, Saskatoon, placed 46th in qualifying with a score of 581, did not advance.

### SWIMMING

Men's 200 butterfly — David Sharpe, Halifax, placed seventh in his qualifying heat (1:59.87), did not advance.

Women's 200 individual medley — Erica Morn-ingstar, Regina, failed to advance after posting a time of 2:14.32 in qualifying.

Women's 200 freestyle — Barbara Jordin, Notre-Dame-de-Grace, Que. (1:57.91), and Samantha Cheverton, Lachine, Que. (1:57.98) failed to qualify for the final after placing 10th and 11th overall in the semifinal round.

### TENNIS

Men's singles — Milos Raonic, Thornhill, Ont., won his first-round match over Tatsuma Ito, Japan, 6-3, 6-4.

Men's doubles — Daniel Nestor, Toronto, and Vasek Pospisil, Vancouver, won their opening match over Horia Tecau and Adrian Ungur of Romania, 6-3, 7-6(9).

Women's singles — Aleksandra Wozniak, Blainville, Que., downed Marina Erakovic, New Zealand, 6-2, 6-1, and will face Venus Williams of the U.S. in the second round.

### WEIGHTLIFTING

Women's sub-57 kilogram class — Annie Monique, Quebec City, placed 16th overall with a top weight of 190 kilograms.

### BASKETBALL

### WOMEN

### First Round

### Monday's results

China 83, Croatia 58  
Turkey 61, Czech Republic 57  
France 74, Australia 70  
Russia 69, Brazil 59  
Canada 73, Britain 65  
United States 90, Angola 38

### CANADA 73, BRITAIN 65

### Britain

N.Stafford 6-19 2-215, R.Anderson 2-42 3-6, S.Collins 1-3 0-0 2, C.Handy 0-10 0-0, J.Wade-Fray 2-7 0-0 5, J.Page 3-5 2-8, K.Butter 2-3 0-0 4, J.Leecham 5-14 2-2 15, A.Stewart 2-3 0-0 4, T.Fagbenle 2-5 2-2 6, Totals 25-64 10-11 65

### Canada

K.Phillips 2-8 2-2 6, T.Gabriele 2-6 0-0 4, S.Thorburn 6-10 3-4 18, C.Pilypaitis 4-8 0-0 11, K.Smith 4-8 2-4 11, M.Ayim 0-0 0-0 0, N.Achona 2-3 0-1 4, L.Murphy 4-7 0-0 9, T.Tatham 1-4 2-2 4, C.Aubry 3-7 0-0 6, Totals 28-61 9-13 73

### Halftime—Britain 32, Canada 36, 3-Point goals—

Britain 5-17 (N.Stafford 1-3, S.Collins 0-2, J.Wade-Fray 1-5, J.Leecham 3-7) Canada 8-21 (T.Gabriele 0-1, S.Thorburn 3-7, C.Pilypaitis 3-6, K.Smith 1-4, L.Murphy 1-1, C.Aubry 0-2). Fouled out—None. Rebounds—Britain 36 (T.Fagbenle 6) Canada 36 (C.Pilypaitis 5, T.Tatham 5). Assists—Britain 14 (S.Collins 4) Canada 21 (T.Gabriele 7). Total Fouls—Britain 16 Canada 14.



MORE TIME MORE CHOICE

MORE FREEDOM

CDLhomes.com

## Horoscopes

## ♈ Aries

March 21 - April 20

The pace of life will pick up dramatically over the next few days and you could find yourself running all over the place. Make sure your efforts are for your own benefit. Don't spend every minute making other people happy.

## ♉ Taurus

April 21 - May 21

Business issues and personal relationships will in some way be brought together today. You may have to spend a bit of money to attract what you need but it's OK, you can afford it.

## ♊ Gemini

May 22 - June 21

Today's Venus-Saturn link will open your heart and make it easier for you to let those you love and admire know how much they mean to you. The depth of your feelings will no doubt surprise them.

## ♋ Cancer

June 22 - July 23

You seem to have made a good impression on some of the people you work alongside and a promotion or salary increase is a distinct possibility. Don't be too modest about your talents: You deserve what you get.

## ♌ Leo

July 24 - Aug. 23

Do you really believe in something, or did you copy a friend's idea because it sounded good at the time? If it's the latter today's Sun-Pluto link will force you to face up to its inconsistencies.

## ♍ Virgo

Aug. 24 - Sept. 23

You'll be attracted to someone like the proverbial moth to a flame. Let's hope you don't get burned to a crisp! Feel with your heart by all means but think with your head too. It could save you sorrow.

## ♎ Libra

Sept. 24 - Oct. 23

Relationships of all kinds can be strengthened today. With Venus, your ruling planet, on good terms with Saturn in your sign it will be ridiculously easy to mend fences. So what are you waiting for?

## ♏ Scorpio

Oct. 24 - Nov. 22

Someone is making life difficult for you. Why? Because it makes them feel good. Now that you know that, you should not feel guilty about hitting back.

## ♐ Sagittarius

Nov. 23 - Dec. 21

Anyone who thinks you are easy to deceive had best think again because you are not only smarter than you look but are in no mood to deal with fools either. Sadly, there are a lot of them.

## ♑ Capricorn

Dec. 22 - Jan. 20

Some people have been taking advantage of you and it's time you did something about it. Today's cosmic alignment will help you get tough without causing too much of a stir. Drop a few hints. They'll get the message.

## ♒ Aquarius

Jan. 21 - Feb. 19

You will find it easy to win people over with your way of thinking, but is your way of thinking correct? At some stage you will encounter information that encourages you to look again at certain long-held beliefs.

## ♓ Pisces

Feb. 20 - March 20

Family and financial matters are under good stars today and if you go out of your way to make other people happy then you are more likely to be happy too. Your needs and their needs are not so far apart. **SALLY BROMPTON**

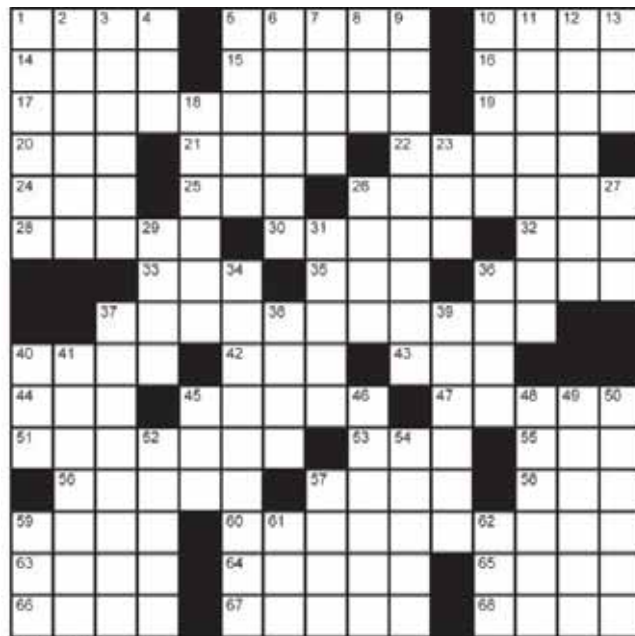
## Crossword: Canadian Entertainers

## Across

1. Wise
5. Barred to outsiders, like an exclusive community
10. 528i and 750iL, e.g.
14. \_\_\_ day: vitamin bottle recommendation
15. "Rice-\_\_\_, the San Francisco treat"
16. Past participle of lie
17. Canadian-American actor who portrayed Max Headroom
19. Not \_\_\_ many words
20. Bible divs.
21. 32-Across overnight suggestions
22. Bert's Sesame Street pal
24. Narrow river inlet (or, backwards, atmosphere)
25. \_\_\_ Rail Canada
26. London, Ontario-born *Wedding Crashers* star Rachel
28. \_\_\_ nous: confidentially (literally, between us)
30. Ballot listing
32. Canadian auto club
33. Small batteries
35. "Evil Woman" gp.
36. \_\_\_ E: History Channel owner
37. English-Canadian actress who portrayed Samantha Jones in HBO's *Sex and the City*
40. *Death in Venice* novelist Thomas
42. "Can I take that as \_\_\_?"
43. Dog command
44. "... or so \_\_\_ heard"
45. Biting wit
47. Motown's output, in short
51. Regina-born star Leslie of *Naked Gun*
53. Sundial seven
55. Tic-tac-toe win
56. Hawaiian greeting
57. Kind of bag
58. "I \_\_\_ You, Babe": Sonny and Cher hit
59. "They're \_\_\_ again" (fighting)
60. American-Canadian baroque and operatic singer-songwriter Rufus
63. "I \_\_\_!": tot's refusal
64. Atlas rocket stage
65. Call on the phone
66. Therefore
67. Agreements
68. Green Gables girl

## Down

1. Depressing
2. \_\_\_ Skywalker
3. Alludes to
4. Consume
5. "Enhanced," on some menus
6. 1970s rock concert sites
7. 32-Across jobs
8. "Acetyl" add-on
9. Movie-makers
10. Unseeing
11. Crazy
12. Montréal-born Joseph who played Dr. No
13. Cat or cone preceder
18. Alarm setting for one with a paper route, maybe
23. Edmonton-born actress \_\_\_ Dawn Chong
26. Scotch ingredient
27. Unhappy
29. Winnipeg-born Douglas, Hal's 2001 voice
31. "Don't \_\_\_": pretend you don't know
34. Frighten off
36. Sask. neighbor
37. How some beg
38. "Author unknown," for short
39. Better ventilated
40. Abbr. on a volume knob
41. Flyer
45. Kinda
46. Vancouver-born actress De Carlo
48. Skull, slangily
49. Vancouver-born Scott portrayed on *Star Trek*
50. Perfume holder
52. Canada's \_\_\_ Max
54. "\_\_\_ the best of times..."
57. Close relationships
59. Wide wonder
61. "Act your \_\_\_!"
62. Actress Lupino



Copyright © 2012 Michael Wiesenberg

BY MICHAEL WIESENBERG

## Yesterday's crossword



## What's online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).



## Sudoku

## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's Sudoku

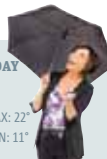
4	6	5	3	8	7	1	9	2
3	7	2	5	9	1	4	6	8
9	1	8	4	2	6	3	5	7
6	4	7	2	3	5	8	1	9
1	2	3	8	7	9	6	4	5
8	5	9	6	1	4	7	2	3
2	8	4	9	0	3	5	7	1
7	9	6	1	8	5	2	3	4
5	3	1	7	4	2	0	8	6

## Weather

TODAY

WEDNESDAY

THURSDAY

MAX: 23°  
MIN: 14°MAX: 23°  
MIN: 13°MAX: 22°  
MIN: 11°

**MICHELE MCDUGALL**  
WEATHER SPECIALIST

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." **WEEKDAYS 5:30 AM**



**CD CHRISTENSON**  
GROUP OF COMPANIES

MORE TIME MORE CHOICE

MORE FREEDOM

CDLhomes.com



## Adventure!

### Teach English Overseas

- > TESOL Certified in 5 Days
- > In-Class or Online
- > No Degree Required!

1.888.270.2941

Job Guaranteed!

Next in-class course: August 22<sup>nd</sup> - 26<sup>th</sup>, 2012Next Seminar: Aug 8<sup>th</sup>, 2012 @ 7pm

Travelodge Edm South, 10320 - 45 Ave

[www.globaltesol.com](http://www.globaltesol.com)



**Over 800 Pre-Owned Units Ready For Immediate Delivery!**  
**Why wait Until Our Year End Sale? We Have The Lowest Prices Today!**

<p>#12B1130</p> <p><b>2012</b> <b>GMC ACADIA</b> <b>SLE AWD</b></p> <p><b>\$31,888</b></p> <p>0%</p> <p>2 TO CHOOSE FROM</p>	<p>#07T1647</p> <p>2007 FORD FOCUS SE</p> <p>0%</p> <p>\$8,888</p>	<p>#07AD607</p> <p>2007 CALIBER SXT</p> <p>0%</p> <p>\$9,888</p>	<p>#11B2393</p> <p><b>2011</b> <b>DODGE</b> <b>DURANGO</b></p> <p>2 TO CHOOSE FROM</p> <p>0%</p> <p><b>\$29,888</b></p>
<p>#07J3572</p> <p>2007 DODGE CHARGER SXT</p> <p>0%</p> <p>\$10,888</p> <p>20 BASIS</p>	<p>#08T5827</p> <p>2008 SATURN ASTRA EX 4 DR</p> <p>0%</p> <p>\$10,888</p>	<p>#1119480</p> <p>2011 KIA RIO S</p> <p>0%</p> <p>\$10,888</p>	
<p>#04T3344</p> <p>2004 RAM 1500 R/C 4X4 HEMI SLT</p> <p>0%</p> <p>\$10,888</p>	<p>#1009926</p> <p>2010 NISSAN SENTRA 2.0S</p> <p>0%</p> <p>\$11,888</p>	<p>#09A5306</p> <p>2009 KIA SPECTRA</p> <p>0%</p> <p>\$11,888</p>	<p>#1108176</p> <p>2010 TOYOTA COROLLA</p> <p>0%</p> <p>\$12,888</p>
<p>#10B0241</p> <p>2010 MAZDA6</p> <p>0%</p> <p>\$14,888</p> <p>LIMITED</p>	<p>#08T0954</p> <p>2008 HYUNDAI TUCSON 4WD</p> <p>0%</p> <p>\$14,888</p>	<p>#09T6140</p> <p>2009 DAKOTA C/C 4X4 SXT V8</p> <p>0%</p> <p>\$15,888</p>	<p>#09A3846</p> <p>2009 JEEP COMPASS 4X4 NORTH EDITION</p> <p>0%</p> <p>\$13,888</p>
<p>#07T0925</p> <p>2007 HYUNDAI SANTA FE AWD</p> <p>0%</p> <p>\$14,888</p>	<p>#08B5903</p> <p>2008 FORD F150 CREW 4X4 FX4</p> <p>0%</p> <p>\$15,888</p>	<p>#00A5875</p> <p>2008 GMC 2500 C/C 4X4</p> <p>0%</p> <p>\$16,888</p>	



**OMG! 0%**

**FINANCING AVAILABLE!**



LOCAL **780.483.7516** TOLL FREE **1.866.310.5751** 10212-178 Street

MONDAY - FRIDAY 9-9 - SATURDAY 9-6 - SUNDAY 11-5 email us: [sales@cwass.ca](mailto:sales@cwass.ca)

Vehicles may not be exactly as illustrated. Call or drop in for complete details.

**SHOP 24/7 @ [WWW.CWASS.CA](http://WWW.CWASS.CA)**



 <p><b>2012</b> FIAT 500 SPORT</p> <p><b>#12A5750</b></p> <p><b>0%</b> <b>\$17,888</b></p>	 <p><b>2009</b> GMC 1500 E/C 4X4 Z71</p> <p><b>#09A0A27</b></p> <p><b>0%</b> <b>\$18,888</b></p>	 <p><b>2009</b> DODGE CALI- BER SRT4</p> <p><b>#09A6205</b></p> <p><b>0%</b> <b>\$18,888</b></p>	 <p><b>2012</b> NISSAN ALTIMA 2.5S</p> <p><b>#12B1113</b></p> <p><b>0%</b> <b>\$18,888</b></p>	 <p><b>2011</b> CHRYSLER 300 TOURING</p> <p><b>#11B2733</b></p> <p><b>0%</b> <b>\$22,888</b></p>	 <p><b>2012</b> GMC 2500 SLE 4X4</p> <p><b>#10A5731</b></p> <p><b>0%</b> <b>\$22,888</b></p>
 <p><b>2011</b> NISSAN MAXIMA SV</p> <p><b>#11B0194</b></p> <p><b>SUNROOF/ LEATHER</b></p> <p><b>0%</b> <b>\$24,888</b></p>	 <p><b>2011</b> NISSAN TITAN CREW 4X4</p> <p><b>#11B0782</b></p> <p><b>0%</b> <b>\$25,888</b></p>	 <p><b>2011</b> RAM 1500 CREW 4X4 SLT</p> <p><b>#11B0378</b></p> <p><b>OUT- DOORS- MAN PKG</b></p> <p><b>0%</b> <b>\$25,888</b></p>	 <p><b>2011</b> CHRYSLER TOWN &amp; COUNTRY</p> <p><b>#11A27081</b></p> <p><b>DUAL TV'S/NAV/ ROOF</b></p> <p><b>0%</b> <b>\$27,888</b></p>	 <p><b>2011</b> CADILLAC CTS 3.0</p> <p><b>#11A7226</b></p> <p><b>0%</b> <b>\$30,888</b></p>	 <p><b>2009</b> MERCEDES ML320</p> <p><b>#09A580</b></p> <p><b>BLUE TOOTH</b></p> <p><b>0%</b> <b>\$36,888</b></p>
<p><b>#12B2875</b></p> <p><b>2012 DODGE GRAND CARAVAN SXT STOW 'N GO</b></p> <p><b>\$19,888</b></p>	 <p><b>2010</b> DODGE CHALLENGER SRT8</p> <p><b>#10A9620</b></p> <p><b>NAV/SUN/ ROOF</b></p> <p><b>0%</b> <b>\$39,888</b></p>	 <p><b>2010</b> RAM 3500 C/C 4X4 LARAMIE</p> <p><b>#10A4663</b></p> <p><b>0%</b> <b>\$41,888</b></p>	 <p><b>2011</b> CHEVROLET IMPALA LS</p> <p><b>#11B0237</b></p> <p><b>1 REMAINING !!!</b></p> <p><b>0%</b> <b>\$13,888</b></p>		



**780-410-4100**

VISIT OUR ENTIRE INVENTORY AT  
**SHERWOODDODGE.CA**



**\$16,860**



**\$27,860**



**\$37,860**



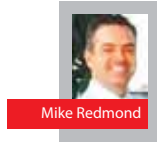
**\$20,860**



**\$21,860**



**\$23,860**



**\$25,640**



**\$17,860**



**\$29,860**



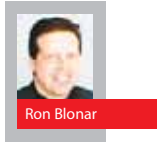
**\$18,860**



**\$19,860**



**\$32,860**



**\$9,860**



**\$19,860**



**\$32,860**



**\$10,860**



**\$6,850**



**\$36,860**



**\$24,860**



**\$20,860**



**\$12,860**



**\$29,860**



**\$18,640**



**\$27,860**



**CHECK OUT OUR FRESH TRADE INS AT WWW.SHERWOODDODGE.CA**



2009 FORD F-150 CREW CAB 4X4 LARIAT #2GC2117A, \$31,860.00

2011 CHEV SILVERADO LT CREW 4X4 #1R39338B

2009 DODGE DAKOTA QUAD CAB 4X4 SLT #2R19236A, \$21,860.00

DODGE CHARGER SXT #2R31487B

2009 NISSAN ROGUE SL AWD #2TC6170A

2004 CHRYSLER PACIFICA TOURING #2GH9154A

2011 JEEP WRANGLER UNLIMITED SPORT #2R18393A

2007 DODGE DAKOTA 4X4 CLUB CAB #2R12691B

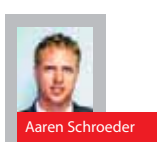
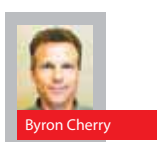
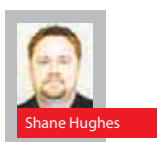
2008 FORD ESCAPE XLT #2GC5630A, \$13,640.00

2008 PONTIAC SOLSTICE CONVERTIBLE #2T41254A

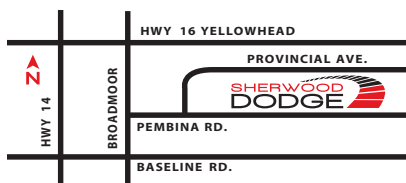
2008 DODGE RAM 1500 SLT 4X4 #2R36070A

2010 FORD FUSION SE #2CL0264A, LOW KMS.

2007 FORD FREESTAR SPORT #2R13062A



VISIT OUR ENTIRE INVENTORY AT  
**SHERWOODDODGE.CA**



**YELLOWHEAD & BROADMOOR**  
**780.410.4100**

All prices net of any dealer discounts and manufacturer rebates and do not include applicable taxes or GST. Subvented (discounted) interest rates not available on all models, see dealer for details. "No charge Cummins engine" and "No charge Hemi engine" are available on new 2011 models. Payments are "OAC" and based on longest available terms, i.e.: New 2011 Ram 1500 Q/C 4x4 SXT, \$157 b/w for 96 months, 5.99%, cob: \$6622. Vehicles may not be exactly as illustrated, file photos used. Please contact dealer with questions or for further clarifications.

**SALES HOURS:**  
Mon Thurs. 9am 9pm;  
Fri. 9am-6pm; Sat. 9am-6pm;  
Sun. 11am-4pm